

PHS Daily Bulletin

Our Mission

“To ensure that everyone achieves individual excellence”



Wednesday May 31, 2023 Day 4

Message from Ms. Stephens:

On this, my last day at PHS, I just wanted to take a moment to share some parting words with you.

A school is a community, like any other community. It is made up of lots of different people who sometimes get along, sometimes not...sometimes things run along smoothly, sometimes not... That said, I have been proud to help lead this community and am very proud of the people who comprise it. So, in my last “Message from Ms. Stephens”, I’d like to leave you with a few thoughts:

- **Be kind to yourself and each other**
 - The world can be a very angry place at times. There is more than enough hate out there, so don’t be a part of that nonsense. People don’t have to think the same way to be respectful of each other or be kind to each other. Kindness costs you nothing but gives back in exponential ways. Always choose kindness... you always have a choice.
- **Never settle**
 - Don’t ever sell yourself short or let anyone else convince you that you’re not good enough. That’s garbage thinking and it leads you nowhere. Sometimes life is going to be tough and things won’t go the way you expected, BUT you need to just keep going. Time has a way of sorting things out if you keep your focus on your goal and just keeping putting one foot in front of the other.
- **You have the ability to change the world**
 - Maybe that sounds ‘hokey’, but it’s true. Each person has the ability (and responsibility) to make his/her world a better place. When enough people work in a direction of renewal and improvement, the community changes, then the larger community, and so on... Don’t wait for other people to do things for you – take control of your world. Do what needs to be done. No one owes you anything – go out and make the life you want for yourself and your loved ones. The world is waiting for you to change it.

- **Make each day count**
 - As I get a little older, I am starting to realize that there actually is a finite amount of time on this planet for each of us. I never used to think about that, but now I do. We will never have this particular day again – we only get it once. So, it’s really important to try to make the best out of every single day you have. Not every day is good, but there is good in every day... sometimes we just have to look a little harder to find it ;-]

*Finally, I want to share my most heartfelt THANK YOU to all the students, staff, parents, and community members who have made these seven years at Pontiac High School some of the very best out of my 32 years in the profession. I have always felt your support and kindness, even when the world out there seemed to be losing its mind at times ;-] I will miss the smiles in the hall and the “Hi, Miss” as I walk past. Please know that I take a little piece of you and PHS in my heart as I head in to this next chapter in my career, working with the Adult Education and Vocational Training sector. I will not be far away if you ever need me or if I can help you in any way. Never be shy to reach out.
I wish you all the best,
Ms. Stephens <3*

BULLETIN LINK
<https://phsdailybulletin.weebly.com>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		31 Day 4 Fitness Room 11:35-12:05 Grade 7/8/9 Open Art Chess Club 11:40-12:20 Film Club 11:35-12:25 Super Mario Brothers Movie Dungeons & Dragons 3:05-4:45 Grade 10 cst Math Help after school Mr. Timm	June 1 Day 5 Chalk-A-Thon Fitness Room 11:35-12:05 Grade 10/11 Open Art Chess Club 11:40-12:20 Open Art Film Club 11:35-12:25 Dungeons & Dragons Club ALL LUNCH Ultimate Frisbee 11:45-12:15 Grade 7 Science 11:40-12:25 Rm 231	June 2 Day 6 Fitness Room 11:35-12:05 Grade 7/8/9 Open Art PRIDE CLUB All Lunch Grade 7 Geography 11:40-12:25 Rm 231
June 5 Day 7	June 26 Day 8	June 7 Day 9	June 8 Day 1	June 9 Day 2

What's happening today at lunch?

Teacher	Activity	Time	Place
Mr. Greer	Chess Club	11:40-12:20	Room 121
Ms. Dunin-Borkowska	Open Art	ALL LUNCH	Greenhouse
Mme Woodman	Film Club	11:35-12:25	Room 125
Intramurals		ALL LUNCH	Gym #1
Open Gym		ALL LUNCH	Gym #2
Fitness Room for 7/8/9 ONLY		11:35-12:05	Fitness Room
Library		11:35-12:35	Library

After School Today

Grade 10 cst Math Help after school Mr. Timm

Wed May 31 st	Exam Practice Gr. 10 History with Mr. Graham
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Dungeons & Dragons 3:05-4:45 Room 121 with Mr. Tubman

Grade 10 History Review May and June 2023

Wed May 31 st	Exam Practice
Tues June 6 th	1980 to Today
Wed June 7 th	1980 to Today and General Questions

Ms. Paquette’s Grade 7-02/-04 & Grade 8-01 Science/Geography Review Sessions

Subject	After School Sessions	Lunch Hour Sessions
Grade 7 Science	Mondays 3:15 – 4:00 (will run on Thursdays June 8)	Day 3 and Day 5 from 11:40-12:25
Grade 7 Geography	Tuesdays 3:15 – 4:00	Day 2 and Day 6 from 11:40-12:25
Grade 8 Science	Wednesdays 3:15 – 4:00	By appointment

Exam Schedule on the Last Page

**DRAW OR WRITE
ENCOURAGING AND POSITIVE
MESSAGES ON THE SIDEWALK
BY THE PARKING LOTS!**

**SEE MME WOODMAN
FOR DETAILS**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 PROJECT ECLAIREUR 4:00-6:00  BALL HOCKEY 6:00-7:00 LUNCH WITH ALLY	2  LUNCH WITH ALLY	3  YOUTH ZONE 3:00-7:00 LUNCH WITH ALLY	4  LUNCH WITH ALLY	5  CAKE POPS 3:00-7:00 CLOSED AT LUNCH	6
7 SCIENCE NATURE WALK  9:00-2:45 LUNCH WITH ALLY	8 SCHOOL OF ROCK 3:00-7:00  BALL HOCKEY 6:00-7:00 LUNCH WITH ALLY	9  LUNCH WITH ALLY	10  NATURE SCAVENGER HUNT 3:00-7:00 CLOSED AT LUNCH	11 LUNCH LUNCH WITH ALLY	12  WALKING TACOS 3:00-7:00 LUNCH WITH ALLY	13
14	15 SCHOOL OF ROCK 3:00-7:00  BALL HOCKEY 6:00-7:00 LUNCH WITH ALLY	16  LUNCH WITH ALLY	17  MAKE YOUR OWN PIZZA 3:00-6:00 HOME ALONE WITH COURSE 6:00-7:00	18  LUNCH WITH ALLY	19 	20
21	22 	23  LUNCH WITH EDEN	24  SMOOTHIE NIGHT 3:00-6:00 HOME ALONE WITH COURSE 6:00-7:00	25 LUNCH LUNCH WITH ALLY	26  FRIENDSHIP BRACETS 3:00-7:00 LUNCH WITH ALLY	27
28	29 SCHOOL OF ROCK 3:00-7:00  BALL HOCKEY 6:00-7:00 LUNCH WITH ALLY	30 LUNCH LUNCH WITH ALLY	31  WALK TO THE RA 3:00-7:00 LUNCH WITH ALLY			

Exam Schedule on the Last Page



PHS GOES TO CALYPSO WATERPARK

DATE: TUESDAY, JUNE 27
WHAT: TRIP TO CALYPSO
COST: \$65.00 + FOOD
PAY: MAY 22ND - JUNE 2ND

**FIRST 46 STUDENTS TO PAY CAN GO!
ANY QUESTIONS SEE MS. FITZ**

For more info, email tfitzpatrick@wqsbc.qc.ca

WATCH Calypso LINK BELOW

[q=calypso+videos&rlz=1C1GCEA_enCA901CA901&oq=calypso+videos&aqs=chrome..69i57j0i22i30l9.9359j0j7&sourceid=chrome&ie=UTF-8#fpstate=ive&vld=cid:3e97d281,vid:c6anAjPPQck](https://www.youtube.com/watch?v=q=calypso+videos&rlz=1C1GCEA_enCA901CA901&oq=calypso+videos&aqs=chrome..69i57j0i22i30l9.9359j0j7&sourceid=chrome&ie=UTF-8#fpstate=ive&vld=cid:3e97d281,vid:c6anAjPPQck)

May 31st and June 2nd

PONTIAC HIGH SCHOOL

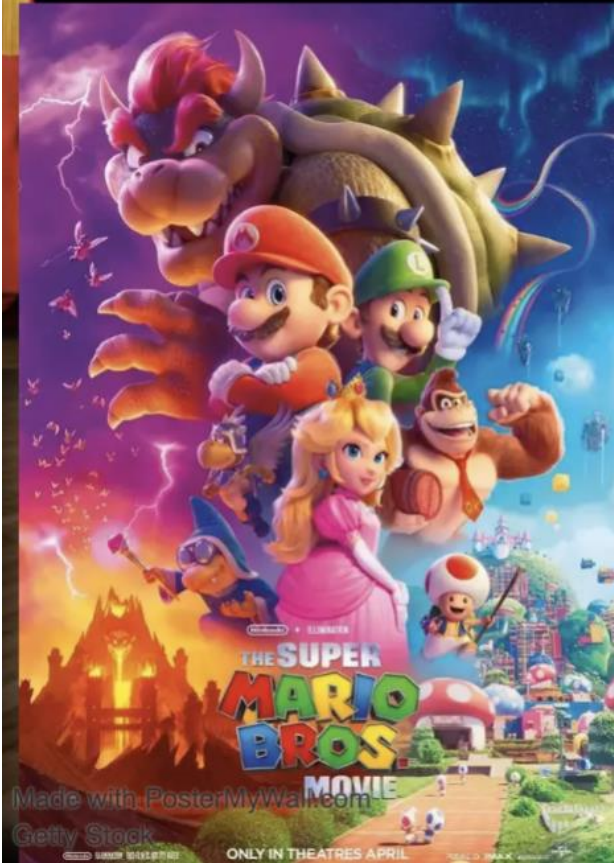
FILM CLUB

WILL WATCH

The Super Mario Bros Movie

Room 125 at lunch.

ALL ARE WELCOME!



Soft Ball Day

"Anyone who has decided not to participate needs to see Mr. Greer as we have a waiting list of athletes looking to play"

PANTHERS ATHLETICS

SOFTBALL DAY

ROSTERS POSTED GYM OFFICE BOARD

MONDAY 5 JUNE

STUDENTS VS STUDENTS

ELWOOD DALE PARK
SHAWVILLE, PONTIAC
GATE OPEN AT 9 A.M,

BBQ • FREE PARKING • DOUBLE KNOCKOUT

SMILESWINBALLGAMES@GMAIL.COM

SOFTBALL TOURNAMENT ROSTERS

TEAM #1	TEAM #2	TEAM #3	TEAM #4	SCHEDULE
Koltan Mohr (11)	Hunter Beauregard (11)	Peyton Ireland (11)	Liam Dowe (11)	9:00 1 vs 2
Lucas Barre (11)	Dakota Cameron (11)	Bree Barr (11)	Tristan Chasles (11)	10:00 3 vs 4
Ryder Lemay (10)	Kira Paulin (10)	JD Rivet (11)	Brodee Campbell (11)	11:00 W1 vs W2
Paige Dubeau (10)	Cade Kuehl (10)	Hannah Twolan (10)	Morgan Barr (10)	12:00 L1 vs L2
Connor Findlay (9)	James Twolan (10)	Jayden Lariviere (10)	Jackson Knox (10)	
Jaxson Armstrong (9)	Zach Giroux (9)	Gavin Rusenstrom (9)	Charles Ouellette (10)	SEMI-FINAL
Jesse Cheslock (9)	Taytum Thompson (8)	Alex Hobbs (9)	Kianna Jolicoeur (10)	1:00 L3 vs W4
Carter Beauregard (8)	Ryan Barr (8)	Faith Hamilton (8)	Bennett Rusenstrom (9)	CHAMPIONSHIP
Pierce Rusenstrom (8)	Troy Gravelle (8)	Gibbson Lang (8)	Garrett Rusenstrom (8)	2:00 W3 vs W5
Sam Hayes (7)	Robert Findlay (7)	Josh Coleman (8)	Jackson Dubeau (7)	
Riley Drummond (7)	Myanna Sally (7)	Bryce Hudson (7)	Josephine Hatton (7)	
	Jake Childs (7)	Daniel Schellenberg (7)		

FINAL

PHS Formal Exams
June 12- June 16, 2023

[illegible]

FINAL

PHS Formal Exams
June 19- June 23, 2023

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