

PHS Daily Bulletin



Our Mission

“To ensure that everyone achieves individual excellence”



Wednesday March 15, 2023 Day 2

BULLETIN LINK

<https://phsdailybulletin.weebly.com>

March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		15 Day 2 Fitness Room 11:35-12:05 Grade 7/8/9 Games Club 11:35-12:25 Chess Club 11:40-12:20 Dungeons & Dragons Club ALL LUNCH 3:05-4:45 PHS HOCKEY TOURNAMENT Maniwaki Sr. Boys Basketball Practice 3:15-5:00	16 Day 3 Fitness Room 11:35-12:05 Grade 10/11 Open Art Science Fair Club 11:40-12:20 Rm 229	17 Day 4 Fitness Room 11:35-12:05 Grade 7/8/9 Open Art Chess Club 11:40-12:20 Film Club 11:35-12:25 SKI TRIP
20 Day 5 Fitness Room 11:35-12:05 Grade 10/11 Open Art Chess Club 11:40-12:20 Open Art Film Club 11:35-12:25 Jr. Girls & Boys BB Practice 3:15-5:00	21 Day 6 Fitness Room 11:35-12:05 Grade 7/8/9 Open Art PRIDE CLUB All Lunch Dungeons & Dragons Club 3:05-4:45	22 Day 7 Fitness Room 11:35-12:05 Grade 10/11 Open Art Dungeons & Dragons All Lunch/3:05-4:45 Extra-Help French Mme Woodman 11:35-12:05 Sr. Boys Basketball Practice 3:15-5:00	23 Day 8 Fitness Room 11:35-12:05 Grade 7/8/9 Gr. 7 French Quiz 106-04 Greenhouse and Agri Club Parent/Teacher Interviews 6:00-8:30	24 PD DAY
27 Day 9 Fitness Room 11:35-12:05 Grade 10/11 Dungeons & Dragons Club All Lunch GR. 7 French Quiz 106-01 106-03 306-02	28 Day 1 Fitness Room 11:35-12:05 Grade 10/11 Games Club 11:35-12:25 Chess Club 11:40-12:20 Greenhouse and Agri Club	29 Day 2 Fitness Room 11:35-12:05 Grade 7/8/9 Games Club 11:35-12:25 Chess Club 11:40-12:20 Dungeons & Dragons Club ALL LUNCH 3:05-4:45 PHS HOCKEY TOURNAMENT Sr. Boys Basketball Practice 3:15-5:00	30 Day 3 Fitness Room 11:35-12:05 Grade 10/11 Open Art Science Fair Club 11:40-12:20 Rm 229	31 Day 4 Fitness Room 11:35-12:05 Grade 7/8/9 Open Art Chess Club 11:40-12:20 Film Club 11:35-12:25

LOST & FOUND in Mme LeMonnier's ROOM 227

What's happening today at lunch?

Teacher	Activity	Time	Place
Mme Woodman	Games Club	11:35-12:25	Room 125
Mr. Greer	Chess Club	11:40-12:20	Room 127
Mr. Tubman	Dungeons & Dragons	ALL LUNCH	Room 121
Intramurals		ALL LUNCH	Gym #1
Open Gym		ALL LUNCH	Gym #2
Fitness Room for 7/8/9 ONLY		ALL LUNCH	Fitness Room
LIBRARY		ALL LUNCH	Library

ACADEMICS TODAY at LUNCN

Any of Madame Le Monnier's students who need to finish a reading evaluation should come to room 229 at lunch on TODAY.

What's happening after school?

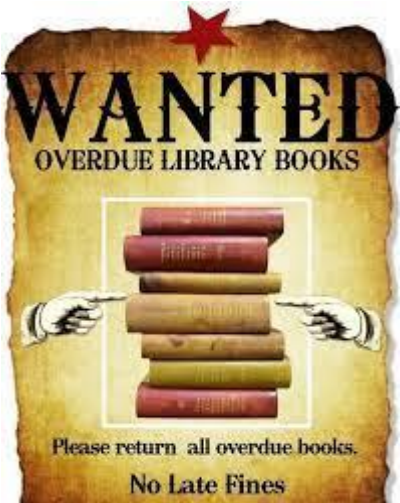
Room 121/Mr. Tubman Dungeons & Dragons Club 3:05-4:45
Senior Boys BB Practice 5:15-5:00

Effective on Monday, March 13th – Grade 7 Arts changes

Visual Arts and Welding will go to Drama
Drama will go to Music
Music will go to Visual Arts or Welding
Note: Term 3 Welding students must have been signed up by a parent in August

Games Club Members

Games Club members need to get their permission forms from Mme Woodman in room 125 for the after-school party on Thursday. Completed permission slips must be submitted by Thursday at 10:00 a.m. (at the very latest) as the pizza must be ordered before noon.





**Look at this new piece of equipment
we just got for the fitness room.**

😊. Enjoy everyone

SCHEDULE

8:25 - 8:45	If you are arriving with ski gear, drop it off in the front foyer.
8:45 - 9:00	Assemble in the front foyer. Do not go to your period 1 class.
9:00 - 10:10	Bus to Edelweiss.
10:10 - 10:40	Get your lift ticket and rental gear. Be VERY attentive to instructions. Get Lesson info.
10:40 - 5:00	SKI TIME
5:00 - 5:30	Return rental gear. Change into dry clothes if desired.
5:30 - 6:30	Dinner time While we wait for the bus, we chill together in the lodge.
6:30 - 7:30	Bus back to Pontiac High School

SKIERS

Renovators	New Skiers
Kaylee Hamilton	Cayden Lemay
Jessica Hamilton	Emily Stephens
Jayden Leriviere	Jaycie Hodgins
Sara O'Malley	Travis Gauthier
Marissa Lang	Patricia Egan
Kianna Jolicoeur	Jessy Sparling
Gibson Lang	Warren Sally
Brodee Campbell	Jackson Knox
William Dale	Abigail Nguyen
Hannah Twolan	Josephine Hatton
Brooklyn Lewis	Charlie Ouellette?
Maddie Paré	Holly Smith
Courtney Chartrand	Laura Graham
Chelsey Chartrand	Landen Hodgins
Jackson Dubeau	
Brianna Beaudoin	Snowboard Rental
Abbigail Towns	Troy Gravelle
Kira Paulin	
Wade Hodgins	Lift Only
Camryn Shepperd	Oscar Munn
	Sawyer Chunick
Season Pass	Ewan Smith
Bryce Hudson	Olivia Rowat
Ryder Lemay	Hudson Sheppard
Morgan Barr	Morgan Donnelly
	Peyton Ireland
	Cassidy Dresselt
	Allie Benoit

ALL SKIERS

- Always ski with a buddy. The only exception is the Magic Carpet.
- Always ski with a helmet.
- Ski within your ability. If you are not ready for a difficult trail, do not attempt it. Don't let friends convince you to do something that will get you hurt.
- Be helpful to one another. Don't forget to check on your friends that are just learning.
- Be courteous to fellow skiers and staff. We always want to leave the hill with a strong reputation.
- Keep track of your ski gear. Always pick up after yourself.
- All ski hill rules and school rules must be followed.
- If you need a staff member during the trip, wait at the chairlift.
- Be very attentive to instructions. Arrive at rendez-vous points on time.



Ski tutorial

NEW SKIERS

IMPORTANT THINGS TO NOTE FOR NEW SKIERS

- There are lessons at Edelweiss this year. They are quick and easy
- Watch some tutorial videos before Friday. Use the QR code for my favourite beginner ski video. It's 17 min and will make a big difference.
- Begin on their Magic Carpet before you go on a lift.
- Don't get discouraged.
- When you're comfortable, head to the lift and try the green trails.
- Take short breaks when needed. Don't push yourself too hard, but also don't give up.

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