

PHS Daily Bulletin

Our Mission

“To ensure that everyone achieves individual excellence”



Wednesday February 8, 2023 Day 5

Dear Parents and Guardians,

As we approach our Mid Term examinations and work towards helping our children prepare for the final half of the year, I wanted to advise you of some concerns we have this year for some of our students.

We are finding, more and more, that some students are trying to play on their **cell phones during class time**. Of course, this means that they are not paying attention to the lesson nor are they doing their work. Many (most) teachers have been asking the students to put their cell phones in the designated cell phone holders located in each classroom and many students do. However, we have had more students this year, especially some of our younger students, refusing to do so. As such, the **PHS Code of Conduct** states the following:

- **Cell Phones and Electronic devices are allowed to be stored in class BUT they must be turned off and put into the designated holders for the duration of the class. Students must place their cell phones (and accessories) in the designated holders as they enter the room, even if the teacher does not remind him/her of the protocol.**
- Cameras or cell phones capable of taking photos or creating videos are permitted for school related matters such as the yearbook, school project, and etcetera. Please note that students must receive consent before capturing/publishing any images on electronic recording devices (Privacy Act).
- Personal electronic devices which can record are not allowed inside the school's changerooms. As a result of this rule, students also are not allowed to have personal electronic devices which can record in the gym area during class time.
- **Students who refuse to comply with this policy will be subject to consequences for insubordination.**

(Approved by PHS Governing Board – January 24, 2023)

As you know, **vaping** is unfortunately becoming more and more of an issue for young people in our society. It is worrisome as the devices (“vapes”) are extremely small and easily concealed so it is very difficult to see if a student is in possession of one or not. The truly worrisome part is that there is little known at this time about the long term health effects of vaping, but some preliminary studies are alarming (<https://cps.ca/en/documents/position/protecting-children-and-adolescents-against-the-risks-of-vaping>) We have trained personnel at the school and from the Board who work with students to teach them the dangers of substance abuse, including smoking and vaping. Support for students who want to quit is available, as well. **The PHS Code of Conduct** addresses smoking and vaping:

- **No smoking, tobacco use, or simulated smoking devices (Vaporizers, E-cigarettes, or other simulated smoking paraphernalia) may be used on school property or during school events. Confiscation of devices/cigarettes and a MINIMUM OF 1 DAY OUT OF SCHOOL SUSPENSION WILL RESULT.**
- **No smoking, tobacco use, or simulated smoking devices at the front entrance (Maple Street) or at the back entrance (tennis courts) to the school grounds.**
- **FOR STUDENTS IN GRADES 9, 10, 11, WOTP/SST, cigarettes, lighters, vaporizers, E-cigarettes, other simulated smoking paraphernalia as well as all tobacco products must remain concealed until off school grounds. Confiscation of devices/cigarettes and a MINIMUM OF 1 DAY OUT OF SCHOOL SUSPENSION WILL RESULT.**
- **Students are prohibited to be in possession of E Cigarette/Vaping device in a washroom. If a student is caught with one of these devices in a washroom, a MINIMUM OF 1 DAY OUT OF SCHOOL SUSPENSION WILL RESULT**
- **STUDENTS IN GRADES 7 AND 8 ARE NOT PERMITTED TO HAVE ANY TYPE OF SMOKING/VAPING DEVICE IN THEIR POSSESSION AT ANY TIME - Confiscation of devices/cigarettes and a MINIMUM OF 1 DAY OUT OF SCHOOL SUSPENSION WILL RESULT.**
- **STUDENTS ARE PROHIBITED FROM SELLING, BUYING, TRADING OR RECEIVING ANY FORMS OF CIGARETTES, LIGHTERS, VAPORIZERS, E-CIGARETTES, OTHER SIMULATED SMOKING PARAPHERNALIA AS WELL AS ALL TOBACCO PRODUCTS ON SCHOOL PROPERTY**
- **Support for Quitting: CLSC, DART (Drug & Alcohol Response Team).**

(Approved by PHS Governing Board – November 28, 2022)

A prime location for vaping is in the **washrooms** where, for obvious reasons, we cannot have adults remaining in the rooms directly supervising. We are concerned that we have some students who are leaving class to use the washroom, but then are gone for extended periods of time, possibly on cell phones that have not been turned in during class and/or vaping. **There is no problem with students using the washroom during class time if they need to do so**, but the amount of time out of the class should be minimal in most cases and it should not involve walking around the school for a while before returning or meeting up with friends in the halls/Grad Lounge instead of returning to class. As such, the **PHS Code of Conduct** states:

(Approved by PHS Governing Board – December 16, 2022)

For those of you who do not know me well, I will tell you that my primary concern in this school is, and always has been, the ***students***. They are the reason I have been in education for almost 33 years. I love working with teenagers and I know, from experience, that they need routines and limits to ensure that they are successful. I want to tell you that the vast majority of the students at PHS have no issues following the PHS Code of Conduct – they come to school, go to class, work hard, study hard, are polite, do not get involved with vaping/smoking/drugs/bullying/etc... ***We have GREAT students here and I am privileged to lead this school.*** We spend our time working with a small but determined group of students who find it more difficult to comply with rules and limits. It is important that they, too, learn how to comply within limitations as there are limitations everywhere in life, not just at school, and we are preparing them to be independent citizens in our society.

I have always believed that it is important to be open and transparent with my parent community. I work closely with our PHS Governing Board parents to let them know of our challenges as well as our successes. This is the purpose of this message to all of you. I want you to all be aware of how hard we are working to try to ensure that your children understand that these 'rules' are in place for their own benefit – to keep them safe and learning. I would truly appreciate your continued support from home as we continue to work with our student population and minimize the impact of some behaviours for all students.

As always, we are available to set up team meetings with you and your son/daughter to discuss any concerns you might have. We want to work with you to find solutions that work.

Thank you for your continued support.
Respectfully,
Ms. Stephens

BULLETIN LINK

<https://phsdailybulletin.weebly.com>

February 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEB. 6 P.D. DAY	FEB. 7 P.D. DAY	FEB. 8 Day 5 Film Club 11:35-12:25 Open Art Chess Club 11:40-12:20 Dungeons & Dragons Club 3:05-4:45 Sr. Boys Basketball Practice 3:15-5:00	FEB. 9 Day 6 Fitness Room 11:35-12:05 PRIDE CLUB All Lunch Open Art Reader Response Extra Help with Ms. Moore 11:35-12:00 Rm 215	FEB. 10 Day 7 Dungeons & Dragons Club All Lunch Open Art Extra-Help French Mme Woodman 11:35-12:05 Drop In Volleyball 3:15-4:30
February 13 EXAMS Jr. Girls & Boys BB Practice 3:15-5:00	February 14 EXAMS Sr. Girls Basketball Practice 3:30-5:00	February 15 EXAMS Sr. Boys Basketball Practice 3:15-5:00	February 16 EXAMS	February 17 EXAMS Drop In Volleyball 3:15-4:30

LOST & FOUND in Mme LeMonnier's ROOM 227

What's happening today at lunch?

Teacher	Activity	Time	Place
Ms. Dunin-Borkowska	Open Art	ALL LUNCH	Art Room
Mr. Greer	Chess Club	11:40-12:20	Room 127
Mme Woodman	Film Club	11:35-12:25	Room 125
Open Gym		ALL LUNCH	Gym #1
Open Gym		ALL LUNCH	Gym #2
LIBRARY		ALL LUNCH	Library
Lunch with Alyssa		ALL LUNCH	Maison des Jeunes

What's happening today after School?

Activity	Time	Place
Dungeons & Dragons	3:05-4:45	Room 121
Sr. Boys BB Practice	3:15-5:00	GYM
Charades	3:00-6:00	Maison des Jeunes
Basketball	6:00-7:00	

Any of Madame Le Monnier's grade 10 students who are not done the reading evaluation "Le Solo d'André, suite" should come during Advisory until it is finished. She would love for these to be all done before your reading exam next week.

BEEP TEST



If you missed your term 2 beep test or want to improve your result...Thursday, February 9 at 11:35am is your chance.

Midterm Exam Schedule

- All exams begin at the same time, including Special Exam Conditions
- Special exam conditions students writing a two(2) hour exam in the morning can extend their writing time until 11:15 am (40 minutes); for two and half hour (2 1/2) hour exams, it's extended to 11:55 am (50 minutes)
- For the afternoon exams (all two hours), special exam conditions are extended to 3:00 pm (40 minutes)
- Only students with computer privileges write in the Library/Computer Labs
 - Quite location and extra time are given in the classrooms

- Students only attend school on the days they are writing exams.

Mon, Feb. 13	Tues, Feb. 14	Wed, Feb. 15	Thurs, Feb. 16	Fri, Feb. 17
8:35 – 10:35: -PreWork-WOTP Science Assessment in Lab C	8:35 – 10:35: in classrooms -Gr. 8 Eng (MAP 12)	8:35-10:35: in classrooms -Gr. 7(MAP11) math (C2) -Gr. 9 science -PreWork-WOTP Math Assessment (Room 138)		8:35-10:35: in classrooms -Gr. 7 (MAP 11) GEO -Gr. 8 (MAP 12) Science
8:35-11:05: in classrooms -Gr. 9 Eng -Gr. 10 Eng -Gr. 11 Eng	8:35-11:05: in classrooms -Gr. 7 Eng (MAP 11) -Gr. 10 Hist	8:35- 11:05: in classrooms -Gr. 10 science -Gr. 8 (MAP 12) Math (C2) -Chemistry	8:35-11:05: in classrooms -Gr. 9 FSL & Enrichi (Reading) -Gr. 10 CST math (C2) -Gr. 10 SN math (C2) -Gr. 11 CST math (C2) -Gr. 11 SN math (C2)	8:35 – 11:05 in classrooms -Physics in room 223 - Gr. 11 Biology -Gr. 9 math (C2) -Science & Enviro LAB in room 219(N. MacIntosh)
12:20-2:20 in classrooms -Gr. 10 FSL & Enrichi -Gr. 9 FSL & Enrichi (Writing) -PreWork-WOTP Social Studies Assessment (room 229) -Gr. 11 CST math (C1) -Gr. 11 SN math (C1)	12:20-2:20: in classrooms -Gr. 10 CST math (C1) -Gr. 10 SN math (C1) -Gr. 8 (MAP 12) History -Gr. 7 (MAP 11) Science	12:20-2:20 in classrooms -Gr. 7 FSL (MAP 11) & Enrichi (Writing) -Gr. 8 FSL (MAP 12) & Enrichi (Writing) -Gr. 9 math (C1) -PreWork-WOTP English Assessment (room 138) -Gr. 10 CST and SN - math tutorials (rooms 217, 230)	12:20-2:20: in classrooms - Gr. 9 Math Tutorials (135 and 230) -Gr. 11 FSL & LM (Writing) -Science & Environment in room 217	12:20-2:20 in classrooms -Gr. 9 History -Gr. 7 FSL (MAP 11) & Enrichi (Reading) -Gr. 8 FSL (MAP 12) & Enrichi (Reading)
		12:30 – 3:00 pm -Gr. 10 science labs (by appointment) Room 219 – N. MacIntosh Room 223- J. Seely	12:30 – 3:00 pm -Gr. 10 science labs (by appointment) Room 219 – N. MacIntosh Room 223- J. Seely	12:30 – 3:00 pm -Physics LAB in LAB C (N. MacIntosh)



Maison des jeunes du Pontiac is in located in the back of the Pontiac High School in Shawville and is open to all youth age 6-17 yrs.

Experience a chance to make new friends, have fun, cook, network, homework help, PS3, Wii, Ping Pong, Table Soccer, Board Games, Card Games, Music, Food, Outdoor space and more!

LIMITED REGISTRATION
Hockey Game (Gatineau Olympics vs. Saint John)

- February 4, 2023

Skating in the forest


- February 6, 2023



Ottawa Senators vs. Chicago Black Hawks

- February 17, 2023

Home Alone Workshop (MDJ Campbell's Bay)
February 15 and 22, 2023

SHAWVILLE PHS
LES MAISONS
DES JEUNES DU
PONTIAC



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 LUNCH WITH ALLYSSA BOOK CLUB POUR NIGHT BASKET BALL 6-7	2 MOVIE LUNCH WITH ALLYSSA LUNCH WITH ALLYSSA	3 GRADE 7 DAY LUNCH WITH ALLYSSA SNOW COLOURING 3:00-7:00	4
5	6 CLOSED LUNCH SCHOOL OF ROCK 3:00-7:00	7 GRADE 7 DAY LUNCH WITH ALLYSSA	8 LUNCH WITH ALLYSSA CHARADES 3:00-6:00 BASKET BALL 6-7	9 MOVIE LUNCH WITH ALLYSSA	10 CLOSED AT LUNCH (RING)	11
12	13 LUNCH WITH ALLYSSA SCHOOL OF ROCK 3:00-6:00 BALL HOCKEY 6-7	14 GRADE 7 DAY LUNCH WITH ALLYSSA	15 LUNCH WITH ALLYSSA BOARD GAMES 3:00-7:00 BASKET BALL 6-7	16 MOVIE LUNCH WITH ALLYSSA	17 GRADE 7 DAY LUNCH WITH ALLYSSA SCAVENGER HUNT 3:00-7:00	18
19	20 LUNCH WITH ALLYSSA SCHOOL OF ROCK 3:00-6:00 BALL HOCKEY 6-7	21 GRADE 7 DAY LUNCH WITH ALLYSSA	22 LUNCH WITH ALLYSSA CUPCAKE DECORATING 3:00-6:00 BASKET BALL 6-7	23 MOVIE LUNCH WITH ALLYSSA	24 GRADE 7 DAY LUNCH WITH ALLYSSA HOME MADE SMOOTHIE 3:00-7:00	25
26	27 LUNCH WITH ALLYSSA SCHOOL OF ROCK 3:00-6:00 BALL HOCKEY 6-7	28 GRADE 7 DAY LUNCH WITH ALLYSSA	<p>455 rue Maple, Shawville Enter the back of the school door "D" Contact Desiree for more information 819-209-7626 Mdjdesiree@gmail.com</p> 			

February

Our MDJ winter programming registration for outings, sports and other activities registration will be open till January 12. To confirm your child's spot please register as soon as possible.



Join us live every Wednesday live in the youth centre!

IN COLLABORATION WITH THE MUNICIPALITY OF SHAWVILLE'S 150 ANNIVERSARY, THE SHAWVILLE RA, AND THE SHAWVILLE CURLING CLUB



FISH FINDLAY CLASSIC COMMUNITY WINTER CARNIVAL

SATURDAY FEBRUARY 11, 2023

12:00-3:00pm Sledding & Firepit (SHAWVILLE RA)

12:00-4:00pm Ball Hockey Tournament & Rec Games
4on4 tournament - minimum 5 players
on a team including the goalie
Ages 8-12 & 13-17
(CURLING CLUB PARKING)

12:00-4:00pm Broom Ball Tournament & Rec Games
4on4 tournament - minimum 5 players on a
team including the goalie. Ages 16+
Helmets & gloves are mandatory for both.
(CURLING CLUB PARKING)

12:00-4:00pm FREE Kids & Adult Curling (CURLING CLUB)
Learn to curl - kids and adults & Recreational
games, instructors will be present. Clean indoor
shoes are necessary.

12:00-4:00pm FREE Golf Simulator (CURLING CLUB)
Golf simulator 45 minute time slots, learn the
simulator, try out free driving range and play a
couple holes. No equipment needed, everything
is provided. Clean Indoor shoes are necessary.

3:00-6:00pm Public Skating (SHAWVILLE ARENA)

*Lions BBQ, Bar, Music, Firepits,
Hot Chocolates and more...*
(CURLING CLUB AND CURLING CLUB PARKING)



TO REGISTER FOR
Curling • Golf • Hockey • broomball
contact Darcy Findlay: dfindlay@wqsb.qc.ca



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achieves individual excellence"**