

PHS Daily Bulletin



Our Mission
“To ensure that everyone
achieves individual
excellence.”



Wednesday Feb. 7, 2024 Day 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Day 5 Junior Boys BB Practice after school Last Practice Extra Math Help ALL LUNCH Rm. 224 Jr. VB Try-Outs 11:35-12:05 Greenhouse/Art At Lunch Art Room Chess Club at Lunch Room 127 Film Club Cancelled	6 Day 6 Dungeons & Dragons Club Rm. 121 at Lunch Sr. Boy BB Practice after school until April 3:00-5:00 GRAD/STAFF PICTURE DAY Extra Math Help ALL LUNCH Rm. 224 Greenhouse/Art At Lunch Art Room Artlab starts today Register in Room 137 with Mrs. Lottes	7 Day 7 Jr. & Sr. Girl's BB Practice after school Last Practice for Junior Girl's BB Rugby Practice 7:00-8:00 AM RING DELIVERY Dungeons & Dragons Club Rm. 121 at 3:05 Pen Club Lab C At Lunch Greenhouse/Art At Lunch Art Room Chess Club at Lunch Room 127	8 Day 8 Extra Math Help ALL LUNCH Rm. 224 PHS HOCKEY TOURNAMENT Dungeons & Dragons Club Rm. 121 at Lunch Pride Club Lab C at Lunch Gr. 7 & 8 Math FREE Tutoring 3:15-4:30 in the Woodshop Boxing 11:40-12:20 AGORA Boxing 3:10-4:45 GRAD LOUNGE	9 Day 9 Jr. VB practice 3:00-5:00
12 P.D. DAY	13 P.D. DAY	14 Day 1 Games Club Rm 125 at Lunch Sr. Girl's BB Practice after school Continue until April Rugby Practice 7:00-8:00 AM Dungeons & Dragons Club Rm. 121 at 3:05 Boxing 11:40-12:20 AGORA	15 Day 2 Extra Math Help ALL LUNCH Rm. 224 Chess Club at Lunch Room 127 Games Club Rm 125 at Lunch Gr. 7 & 8 Math FREE Tutoring 3:15-4:30 in the Woodshop Boxing 3:10-4:45 GRAD LOUNGE	16 Day 3 Jr. VB practice 3:00-5:00 Greenhouse/Art At Lunch Art Room
19 DAY 2 Junior Volleyball Try-Outs after school Extra Math Help ALL LUNCH Rm. 224 Games Club Rm 125 at Lunch	20 DAY 3 Sr. Boy BB Practice after school until April 3:00-5:00 Extra Math Help ALL LUNCH Rm. 224 Greenhouse/Art At Lunch Art Room Gr. 7 & 8 Math FREE Tutoring 3:15-4:30 in the Woodshop Boxing 3:10-4:45 GRAD LOUNGE	21 DAY 4 Sr. Girl's BB Practice after school Continue until April Dungeons & Dragons Club Rm. 121 at Lunch and 3:05 Greenhouse/Art At Lunch Art Room Chess Club at Lunch Room 127 Film Club at Lunch Room 125	22 DAY 5 Extra Math Help ALL LUNCH Rm. 224 Greenhouse/Art At Lunch Art Room Chess Club at Lunch Room 127 Film Club at Lunch Room 125 Gr. 7 & 8 Math FREE Tutoring 3:15-4:30 in the Woodshop Boxing 3:10-4:45 GRAD LOUNGE	23 DAY 6 Dungeons & Dragons Club Rm. 121 at Lunch Greenhouse/Art At Lunch Art Room
26 DAY 4 Extra Math Help ALL LUNCH Rm. 224 Greenhouse/Art At Lunch Art Room Film Club at Lunch Room 125	27 DAY 5 Extra Math Help ALL LUNCH Rm. 224 Greenhouse/Art At Lunch Art Room Film Club at Lunch Room 125	28 DAY 6 Dungeons & Dragons Club Rm. 121 at 3:05 Greenhouse/Art At Lunch Art Room	29 DAY 7 Pen Club Lab C At Lunch Greenhouse/Art At Lunch Art Room Chess Club at Lunch Room 127 Extra Math Help ALL LUNCH Rm. 224	March 1 DAY 8 Pride Club Lab C at Lunch Dungeons & Dragons Club Rm. 121 at Lunch Boxing 11:40-12:20 AGORA

	Gr. 7 & 8 Math FREE Tutoring 3:15-4:30 in the Woodshop Boxing 3:10-4:45 GRAD LOUNGE		Gr. 7 & 8 Math FREE Tutoring 3:15-4:30 in the Woodshop Boxing 3:10-4:45 GRAD LOUNGE	
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What’s Happening Today before School Rugby Practice 7:00-8:00 AM

What’s Happening Today at Lunch Pen Club Lab C
Green House/Art Art Room
Chess Club Room 127
RING DELIVERY FRONT FOYER

What’s Happening Today after School Jr. & Sr. Girl’s BB Practice
Dungeons & Dragons Rm 121 3:05

ACADEMICS

Today


Mr. Kent
Grade 11 English students who are not finished their article writing need to complete the task at lunch TODAY, February 7th. See you in 131

Thursday

Mme LeMonnier
Last chance for term 2, any of Madame Le Monnier's students who need to finish an evaluation (especially grade 11 students!!), please come at lunch Thursday.
These are the only lunch hours this week.
Nothing will be accepted after Friday unless you have made prior arrangements.

Pontiac High School- Midyear Mock Exams

February 2024



Mock Exam Schedule	
Day	Exam
Monday, February 19, 2024	Grade 10 History
Tuesday, February 20, 2024	Grade 11 English
Wednesday, February 21, 2024	Grade 10 Math and Grade 11 Science Math
Thursday, February 22, 2024	Grade 11 French
Friday, February 23, 2024	Grade 10 Science

All mock exams will be scheduled from 8:35 am to 11:35 am

- All students have normally scheduled classes, except for students writing a mock exam.
- Following the writing of a mock exam, students will have normally scheduled classes in the afternoon.
- Mock exams will be written in either the library or classrooms. Room assignments will be provided to students a week prior to the exam.
- Students will follow their scheduled based upon the chart below.

Cycle Days	
Day	Cycle Days
Monday, February 19, 2024	Day 2
Tuesday, February 20, 2024	Day3
Wednesday, February 21, 2024	Day 4
Thursday, February 22, 2024	Day 5
Friday, February 23, 2024	Day 6

TUTORING

All grade 7 and 8 students...
Math tutoring every
Tuesday and Thursday
At 3:15-4:30 pm
Starting on Thursday, February 8th.
In room 307 (French/Carpentry)



MEETINGS

Today

Mrs. Fitzpatrick

There will be a very important Meeting about the overnight ski trip on Wednesday second half of lunch in room 135 – Ms. Fitz’s Room!

SPORTS

Mr. Findlay’s PE Classes: Be prepared to snowshoe and Cross Country Ski

Day 1: P3 – 302-01	Day 4: P4 – 502-02	Day 7: P4 – 202-04
P4 - 302-04	Day 5: P3 – 202-02	Day 9: P3 – 502-03



PHS IN-HOUSE 3 ON 3 HOCKEY TOURNAMENT

**NEW DATE: FEBRUARY 8TH!
AT THE SHAWVILLE ARENA!
FULL EQUIPMENT NEEDED
TO PLAY!**

TRIPS

New York City trip April 19th-21st, 2024

Grade 11s and 10s; spaces still available

Registration deadline: February 17th

Come to the Art room for more information
And registration material!



GUIDANCE Mme Woodman

Suicide Prevention Week is February 4th until 10th, 2024. The theme is prevention is better!

This week is an event that raises awareness and calls people to action to prevent suicide. It has been held annually by the Association québécoise de prévention du suicide (AQPS) since 1991.

Suicide Prevention Week's goal is to inform and educate the population at large about the scope and complexity of this problem. It also aims to promote the resources available in Quebec (including suicide.ca and Quebec's suicide prevention hotline 1-866-277-3553), to normalize reaching out for help, and to encourage people to talk about suicide openly and safely.

This week, PHS will host lunch activities to create awareness and introduce students and staff to a variety of free resources. Resources will also be featured on this Facebook page every day this week. Please see Mme Woodman for more details.



[Pontiac High School](#) now has a guidance page! Please be sure to get it out for information pertaining to college and Cégep applications, post-secondary courses, and emotional well-being.

Please share this link and be sure to join the group!

<https://www.facebook.com/groups/1066901244460657/>

OPEN HOUSE

Feb. 10, 2024 | 10 AM – 2 PM

REGISTER NOW!

[» crc-lennox.qc.ca](https://crc-lennox.qc.ca)

Champlain College - Lennoxville Open House

➡ Saturday, February 10th from 10:00 AM - 2:00 PM is the winter open house at Champlain College Lennoxville. Attend so you can experience what it's like to be a Champlain student!

- 🗝 Tour the campus
- 🤝 Meet with teachers & staff
- 🏫 Learn about specific programs
- 💰 Find out about financial aid and bursaries
- 💬 Get answers to all YOUR questions Register through <https://bit.ly/3abM9kA>

See Mme Woodman for details.

February

LES MAISONS DES JEUNES D PONTIAC SHAWVILLE PHS

Regular open hours Mon 3-6PM Wed 3-7pm Fri 3-7pm

YOUTH SKI CLUB

COST: FREE OF CHARGE

LOCATION: CARREFOUR JEUNESSE CAMPBELL'S BAY

WEDNESDAYS 4:00 PM - 5:30 PM

Ages 7-12

Play Outside, Grow Inside

SAS

MARCH BREAK 2024
MDJ MANSFIELD & CAMPBELL'S BAY
INFORMATION
AND REGISTRATION COMING SOON



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
5 CLOSED	6 Grilled cheese Lunch w/ Desiree	7 SMOOTHIE NIGHT Lunch Closed	8 Lunch w/ Ally	9 BINGO Lunch w/ Ally & Kat
12 MULTI-SPORT & NUTRITION NIGHTS Lunch w/ Desiree	13 Mini pizza Lunch w/ Desiree	14 Lunch w/ Ally & Desiree BALL HOCKEY 6:00-7:00PM	15 Lunch w/ Ally	16 MOVIE / PIZZA NIGHT Lunch w/ Ally & Kat
19 MULTI-SPORT & NUTRITION NIGHTS Lunch w/ Desiree	20 Taco Lunch w/ Desiree	21 GAMES OUTSIDE BALL HOCKEY 6:00-7:00PM Lunch Closed	22 Lunch w/ Ally	23 BOARD GAMES Lunch w/ Ally & Kat
26 ART NIGHT 5:30-7:00PM Lunch w/ Desiree	27 Lunch w/ Desiree	28 Lunch w/ Ally & Desiree BALL HOCKEY 6:00-7:00PM	29	Lunch w/ Ally & Kat

Maison des jeunes du Pontiac is in located in the back of the Pontiac High School in Shawville (door "D") and is open to all youth age 6-17 yrs.

455 rue Maple, Shawville
Contact Desiree for more information 819-209-7626
mdjdesiree@gmail.com

MDJ Winter program

MULTI-SPORT & NUTRITION NIGHTS

FAMILY COOKING AND MENTAL HEALTH WORKSHOP

BALL HOCKEY

YOUTH SKI CLUB

Mondays 4-6pm \$5

February 14th 4pm-6pm free of charge

Wednesdays PHS gymnasium 6pm to 7pm \$5

Registration required, please visit our registration platform to register your family.

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