

PHS Daily Bulletin



Our Mission
“To ensure that everyone
achieves individual
excellence.”



Tuesday Feb. 27, 2024 Day 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 DAY 4 Extra Math Help ALL LUNCH Rm. 224 Greenhouse/Art At Lunch Art Room Film Club at Lunch Room 125 Junior Volleyball PRACTICE after school 3:00-5:00	27 DAY 5 Extra Math Help ALL LUNCH Rm. 224 Greenhouse/Art At Lunch Art Room Film Club at Lunch Room 125 Gr. 7 & 8 Math FREE Tutoring 3:15-4:30 in the Woodshop Boxing 3:10-4:45 GRAD LOUNGE Every Tuesday after school ArtLab 3:00-5:00 Room 137 Gr. 9 Math Tutoring With Mr. Timm after school. 3:15-4:15	28 DAY 6 Dungeons & Dragons Club Rm. 121 at 3:05 Greenhouse/Art At Lunch Art Room GRAD PHOTO RE-TAKE If you missed your Grad Photo or want a re-take You MUST sign up in advance at reception Senior Boys basketball Playoff game away (7:00pm at Philemon) *awaiting confirmation PINK SHIRT DAY Gr. 10 cst Math Tutoring With Mr. Timm after school. 3:15-4:15	29 DAY 7 Pen Club Lab C At Lunch Greenhouse/Art At Lunch Art Room Chess Club at Lunch Room 127 Extra Math Help ALL LUNCH Rm. 224 Gr. 7 & 8 Math FREE Tutoring 3:15-4:30 in the Woodshop Boxing 3:10-4:45 GRAD LOUNGE	March 1 DAY 8 Pride Club Lab C at Lunch Dungeons & Dragons Club Rm. 121 at Lunch Boxing 11:40-12:20 AGORA Junior Volleyball PRACTICE after school 3:00-5:00

Maisons des Jeunes Calendar on the last page of the bulletin.

What's Happening at Lunch

GreenHouse/Art
Film Club

Art Room
Room 125

TUTORING What's Happening at Lunch

EXTRA Math Help in Room 224

What's Happening after School

Gr. 7 & 8 Math Tutoring 3:15-4:30

Woodshop

Boxing

3:10-4:45

GRAD LOUNGE

ArtLab

3:00-5:00

Room 137

**NYC Fundraiser
Spaghetti Supper**

**March 14th,
5:30 pm.**

PHS cafeteria

**Come enjoy an excellent meal of pasta and
meat/veg sauce, salad, bun, drink, dessert all
for the low price of \$25.00.**

Price includes a ticket for a raffle.

**Tickets available from any grad or grade 10
student attending the NYC trip.**

New York City trip

April 19th-21st, 2024

It's happening, folks, we're going to New York!!

Grade 11s and 10s; a few spaces still available!!


Registration has been extended to March 19th


Come to the Art room for more information


And registration material!



Pink Shirt Day is Wednesday, February 28th!



 Don't have a pink shirt? No problem! You can pick up a pink shirt paper cutout and pink safety pin from Mme Woodman on Wednesday.

 Looking for activities to participate in for Pink Shirt Day? Find Mme Woodman outside the cafeteria with a selfie station featuring photo booth props at lunch. Want something a bit more calming? Complete one of her zen colouring pages and keep it OR return it and have it featured throughout the school!

 It all started with a shirt... 

In 2007, students at a high school in Nova Scotia wore pink in solidarity with a Grade 9 student who had been bullied the previous day for wearing a pink shirt. Led by David Shepherd and Travis Price, what started as an act of kindness towards one person, has grown into a worldwide anti-bullying movement.


Now in its 17th year, countless children and youth have been helped by funds raised by #PinkShirtDay. People in over 175 different countries contribute and show their support for this cause on an annual basis.

 So when you wear pink at Pontiac High School on February 28th, you'll be in good (hearted) company! 

Math Tutoring with Mr. Timm

Mr Timm will be providing extra tutoring for the following dates this week:
Tuesday Feb 27 grade 9 from 3:15-4:15
Wednesday Feb 28th grade 10cst 3:15-4:15

There will be additional dates after the March break








Two locations
Two different schedules
Monday to Thursday:
MDJ Mansfield
MDJ Campbell's Bay


Daycare service
available MDJ Mansfield
open from 8am to 9am
and from 4pm to 5pm
Monday, Tuesday and
Thursday

INFO:
tel:819-683-1044
Email:
mdjdesiree@gmail.com
Facebook:
Les Maisons des jeunes
du Pontiac

MARCH BREAK 2024 MDJ MANSFIELD

FRIDAY, MARCH 1ST CHILL ZONE	MONDAY, MARCH 4TH WINTER FUN	TUESDAY, MARCH 5TH OUTDOOR FUN	WEDNESDAY, MARCH 6TH CHILL ZONE	THURSDAY MARCH 7 OUTDOOR FUN
<p>Hockey game outing Ottawa Senators vs. Arizona Coyotes Registration required (Places limited) Who: For Youth ages 9-17 Cost: \$25 Departure: MDJ Mansfield 4:30pm (return 11:15pm) Campbell's bay(Mike Dean) 4:45pm(return 11:10pm) Ultramar Bryson : 4:55pm(return 11:10pm) What to bring: debit or credit card or gift card to buy items at the concessions stand.</p>	<p>Shawville arena outing Registration required (Places limited) Who: For youth ages 6 to 12 yrs Hours: 9 am to 4 pm Cost: \$15 (lunch includes sandwich, vegetables and juice) Skates and helmets available on request Activities: Skating, cooperative games, culinary workshops. What to bring: Warm clothing, skates, mandatory helmet, peanut-free snacks.</p>	<p>MDJ Mansfield Registration required (Places limited) Who: For youth ages 6 to 12 yrs Hours: 9am to 4pm Cost: \$10 Activities: Snowshoeing, tobogganing, skating, cross-country skiing, cooking workshop, anti-bullying workshop and crafts. What to bring: Warm clothing, skates, mandatory helmet, peanut-free lunch and snacks.</p>	<p>Outing to the cinema and wave pool in Kanata Registration required (Places are limited) Who: Youth aged 9 to 17 Cost: \$25 Departure: 1pm MDJ Mansfield (return 10:15pm) 1:15pm MDJ Campbells Bay (return 10pm) 13h25 Ultramar (return 21h50) What to bring: money for dinner, bathing suit and towel!</p>	<p>MDJ Mansfield Registration required (Places limited) Who: For youth ages 6 to 12 yrs Hours: 9am to 4pm Cost: \$5 Activities: Snowshoeing, tobogganing, skating, cooking workshop, mental health workshop and crafts. What to bring: Warm clothing, skates, mandatory helmet, peanut-free lunch and snacks.</p>





To register



MARCH BREAK 2024 MDJ CAMPBELL'S BAY

Registration
deadline
February 28



FRIDAY, MARCH 1ST
CHILL ZONE

MONDAY, MARCH
4TH WINTER FUN

TUESDAY, MARCH
5TH OUTDOOR FUN

WEDNESDAY, MARCH
6TH CHILL ZONE

THURSDAY MARCH 7
OUTDOOR FUN

Hockey game outing
Ottawa Senators vs.
Arizona Coyotes
Registration required
(Places limited)

Who: For Youth ages
9-17

Cost: \$25

Departure :

MDJ Mansfield

4:30pm (return

11:30pm)

Campbell's bay(Mike

Dean) 4:45pm(return

11:15pm)

Ultramar Bryson :

4:55pm(return

11:10pm)

What to bring: debit or
credit card or gift card
to buy items at the
concessions stand.

Shawville arena
outing
Registration required
(Places limited)

Who: Youth ages 6 to 12 yrs

Hours: 11 am to 4 pm
Cost: \$15 (lunch includes
sandwich, vegetables and
juice)

Skates and helmets
available on request

Activities: Skating,
cooperative games,
culinary workshops.

What to bring: Warm
clothing, skates, mandatory
helmet, peanut-free
snacks.

MDJ Campbell's Bay
Registration
required
(Places limited)

Who: For youth ages
6 to 12 yrs

Hours: 11am to 6pm

Cost: \$10

Activities: Snowshoeing,
tobogganing, skating,
cooperative games
cooking workshop, anti-
bullying workshop and
crafts.

What to bring: Warm
clothing, skates,
mandatory helmet,
peanut-free lunch and
snacks.

Outing to the cinema
and wave pool in
Kanata
Registration required
(Places are limited)

Who: Youth aged 9 to 17

Cost: \$25

Departure:

1pm MDJ Mansfield (return

10:15pm)

1:15pm MDJ Campbells

Bay (return 10pm)

13h25 Ultramar (return

21h50)

What to bring: money for
dinner, bathing suit and
towel!

MDJ Campbell's Bay
Registration required
(Places limited)

Who: For youth ages 6 to
12 yrs

Hours: 11am to 6pm

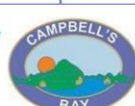
Cost: \$5

Activities: Snowshoeing,
tobogganing, skating, cross-
country skiing, cooperative
games cooking workshop,
mental health workshop and
crafts.

What to bring: Warm clothing,
skates, mandatory helmet,
peanut-free lunch and snacks.



To register



Qu bec

CONTINUED Bulletin Information From Here On DOWN

GRAD PHOTO

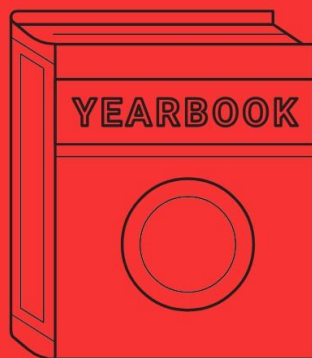
RE-TAKE

Wednesday Feb. 28th 9:00-11:30

If you missed your Grad Photo
or want a re-take

You MUST sign up in advance at reception

35 \$



OPEN

Pre-Order

2023-2024 yearbook

February

14th

to

February

29


Order in room 127

GUIDANCE Mme Woodman

🔊 Attention grade 10 and 11 students! Are you interested in attending the early childhood education program at Cégep Heritage College? 🔊


➡ A representative from Heritage is ready and willing to visit Pontiac High School for an in-person information session prior to the March 1 cégep application deadline. You must register to attend this in-person session that'll occur during class time.

✔ Message Mme Woodman on Teams if you'd like to attend.



EARLY CHILDHOOD EDUCATION

Do you dream of someday teaching in a preschool or kindergarten classroom?



CAREER OPTIONS

- Do you dream of someday teaching in a preschool or kindergarten classroom? Or working with children with special needs in elementary schools?
- Would you like to work in a community health program with children and their families? What about becoming an early literacy specialist or a social worker?
- If you have answered **yes** to any of these questions, the Early Childhood Education program is for you!

PROVINCIAL SCHOLARSHIPS

ECE students qualify for **\$1500** per semester **\$9000** awarded over three years of study
Additional bursaries & loans also available


Workforce Ready

Graduates from our three-year diploma program become recognized Early Childhood Educators (ECEs) qualified to work across Canada.

University Options

Graduates wishing to further their studies receive advanced standing and/or course credit at many Canadian universities.

Scan me!



For more information about the program:


REWARDING CAREER

IMPACT CHILDREN'S LIVES

- Licensed Childcare
- Preschool
- Family Resource Program
- Kindergarten

PROFESSIONAL CREDENTIAL

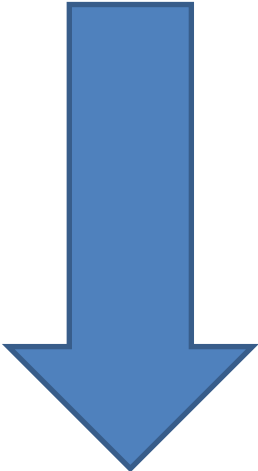
- Become an Early Childhood Educator (ECE)
- Qualified to work in Quebec and across Canada



Find all the details on our [CEGEP Heritage College website](#)

[Pontiac High School](#) now has a guidance page! Please be sure to get it out for information pertaining to college and Cégep applications, post-secondary courses, and emotional well-being.

Please share this link and be sure to join the group!
<https://www.facebook.com/groups/1066901244460657/>



Pembroke Campus










Saturday, March 16, 2024 | 9:00
a.m – 1:00 p.m. EST

Join us for our March Break Open House.
Come find out why choosing to study with us is
one of the best decisions you will ever make.

Open house at Algonquin College (Pembroke)

Interested in the Pembroke location of Algonquin College? You're in luck! Their March Break Open House event will be held on Saturday, March 16th from 9 a.m. to 1 p.m.

-  Take a campus tour to see just how fantastic the Waterfront Pembroke Campus is. Tour includes the gymnasium, fitness centre, rock climbing wall facilities, library, student services, labs and classrooms.
 -  Meet with the privately-owned and operated student residences that house many out of town students.
 -  Attend presentations to learn about the student experience in programs.
 -  Meet your Campus Dean, Sarah Hall.
 -  Find out about the amazing College services.
 -  Learn about student life, clubs, and athletics
- Get your questions answered about financial aid, support for students with disabilities, admissions, housing, and more!
-  Enjoy a free homemade pizza lunch prepared by the Food Services team and mingle with your potential classmates, college staff, and faculty!



➡ Considering Nipissing University for your post-secondary education?

📅 Mark your calendar for Saturday, March 9th, from 10 a.m. to 2 p.m. for their open house!

🌟 Don't miss this exciting opportunity to tour their beautiful campus and chat directly with their knowledgeable students, staff and faculty about life at Nipissing.

🤔 Are you interested but can't make it to North Bay? No worries! Mme Woodman is currently enrolled at Nipissing University for her PhD in Educational Sustainability and she is happy to answer any questions you may have.

✅ Register today at www.nipissingu.ca/open-house

February

YOUTH SKI CLUB

COST: FREE OF CHARGE

LOCATION: CARREFOUR JEUNESSE CAMPBELL'S BAY

WEDNESDAYS 4:00 PM - 5:30 PM

Ages 7-12

Play Outside, Grow Inside

SAS

MARCH BREAK 2024

MDJ MANSFIELD & CAMPBELL'S BAY

INFORMATION

AND REGISTRATION COMING SOON

LES MAISONS jeunes du Pontiac

Pontiac High School

Regular open hours Mon 3-6PM Wed 3-7pm Fri 3-7pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
5 CLOSED	6 Grilled cheese Lunch w/Desiree	7 SMOOTHIE NIGHT Lunch Closed	8 Lunch w/Ally	9 BINGO Lunch w/Ally & Kat
12 MULTI-SPORT & NUTRITION NIGHTS Lunch w/Desiree	13 Mini pizza Lunch w/Desiree	14 Lunch w/Ally & Desiree BALL HOCKEY 6:00-7:00PM	15 Lunch w/Ally	16 MOVIE / PIZZA NIGHT Lunch w/Ally & Kat
19 MULTI-SPORT & NUTRITION NIGHTS Lunch w/Desiree	20 Taco Lunch w/Desiree	21 GAMES OUTSIDE BALL HOCKEY 6:00-7:00PM Lunch Closed	22 Lunch w/Ally	23 BOARD GAMES Lunch w/Ally & Kat
26 ART NIGHT 5:30-7:00PM Lunch w/Desiree	27 Lunch w/Desiree	28 Lunch w/Ally & Desiree BALL HOCKEY 6:00-7:00PM	29 Lunch w/Ally	

Maison des jeunes du Pontiac is located in the back of the Pontiac High School in Shawville (door "D") and is open to all youth age 6-17 yrs.

455 rue Maple, Shawville
Contact Desiree for more information 819-209-7626
mdjdesiree@gmail.com

MDJ Winter program

MULTI-SPORT & NUTRITION NIGHTS Mondays 4-6pm \$5

FAMILY COOKING AND MENTAL HEALTH WORKSHOP February 14th 4pm-6pm free of charge

BALL HOCKEY Wednesdays PHS gymnasium 6pm to 7pm \$5

YOUTH SKI CLUB LOCATION : CARREFOUR JEUNESSE CAMPBELL'S BAY WEDNESDAYS 4PM TO 5:30PM FREE

Registration required, please visit our registration platform to register your family.

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