

PHS Daily Bulletin



Our Mission
"To ensure that everyone achieves individual excellence."



Thursday August 31, 2023 Day 1

Welcome to our NEW STAFF



Hi everyone, I would like to introduce myself. My name is **Steven Swenson** and I am teaching Special Education in the "Apartment" class. I am a new teacher at PHS and ready to teach some amazing students!

I love spending time with my family, and I am a big WWE fan. One of my favourite sports to play and coach is Rugby. I myself was part of my high school rugby team and would love to see Rugby at Pontiac high.

Can't wait to meet and work with everyone at Pontiac High School this year. Thank you for bringing me into the PHS family. Go Panthers!

My name is **Victoria Parker** and I have the privilege of working at P.H.S. this upcoming year as a French teacher.

I have been a part of this community for the last five years. Soccer, volleyball, badminton, and running are the sports I most enjoy playing and coaching, although I dabble in a few others.

I am an alumni of the University of Waterloo (French Teaching Specialization degree) and of Nipissing (Bachelor of Education).

My favourite foods are sushi and burritos. My favourite singer is Jackie Wilson. My favourite place on earth is Edinburgh, Scotland.

I look forward to an amazing year.

Victoria L. Parker





Hello everyone!

My name is **Tiffany Bretzlaff** and I was born and raised here in Shawville. After graduating from PHS, I went on to study science at Heritage College, followed by a Bachelor's of Science at UOttawa. Currently, I am finishing my PhD in Biology at UOttawa as well. During my studies, I developed a love for communicating science and am happy to return home to teach science and math at PHS!

Besides my love of chasing insects and frogs, I enjoy curling, traveling and listening to 80's music. I look forward to a great year and can't wait to meet everyone!



Hello, my name is **Tiffany Evered** and I will be part of the Spec Ed team this year at PHS.

I am new to the Shawville area with last year being my first year with the WQSB. I was at Onslow Elementary School last year where I enjoyed working as the resource teacher and getting to know the students and staff.

I grew up in Woodstock Ontario and have been part of TVDSB since 2018. I am looking forward to working with and getting to know the amazing staff and students at PHS.

August/September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Aug. 30 Day 1 Gr. 7 Orientation	Aug. 31 Day 1 1 st Day of School Lunch with Ally & Eden Les Maisons des Jeunes	Sept 01 Day 2
4 HOLIDAY	5 Day 3	6 Day 4	7 Day 5	8 Day 6
11 Day 7	12 Day 8	13 Day 9	14 Day 1	15 P. D. DAY
18 Day 2	19 Day 3	20 Day 4	21 Day 5	22 Day 6

Fierté
PONTIAC
 Community Pride
 Festival

Free!
 Everyone is welcome!

Featuring: *Zak Zinya*

Sunday, Sept 10 | 11 AM - 4 PM

**Esprit Whitewater,
 3 chem. Esprit, Mansfield, QC**

Taco Bar!! **OUTDOOR FUN!**
Workshops! **Performances!**
Bouncy Castles! **Music by DJ Erica Energy**

Scan to register!



Toxic Waist


Katarina Jones

conneXions
 P-H-S
 Développement
 du monde de Pontiac



CHSN

Public Health Agency of Canada / Agence de santé publique du Canada
 An agency of the Government of Canada / Une agence du gouvernement du Canada

While quantities last.



**NEW! GREY UNDER ARMOUR
 "PANTHER NATION" SHIRT - \$20**
 SIZES SMALL, MEDIUM, LARGE, XL & XXL

NEW!
**"PANTHER NATION"
 HOODED SWEATSHIRT - \$35**
 SIZES SMALL, MEDIUM, LARGE, XL & XXL

PHS CLOTHING SALE

We are having a back-to-school sale on the PHS clothing we have in stock. We have 2 items for sale. The first is an Under Armour athletic t-shirt (\$20) and the second is a 2-colour sweater (\$35). Both items come with the "Panther Nation" logo. (See pictures)

Clothing will be on sale outside the gym during lunch hours from Tuesday, September 4 until Friday, September 8. Cash Only.

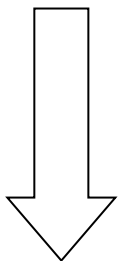
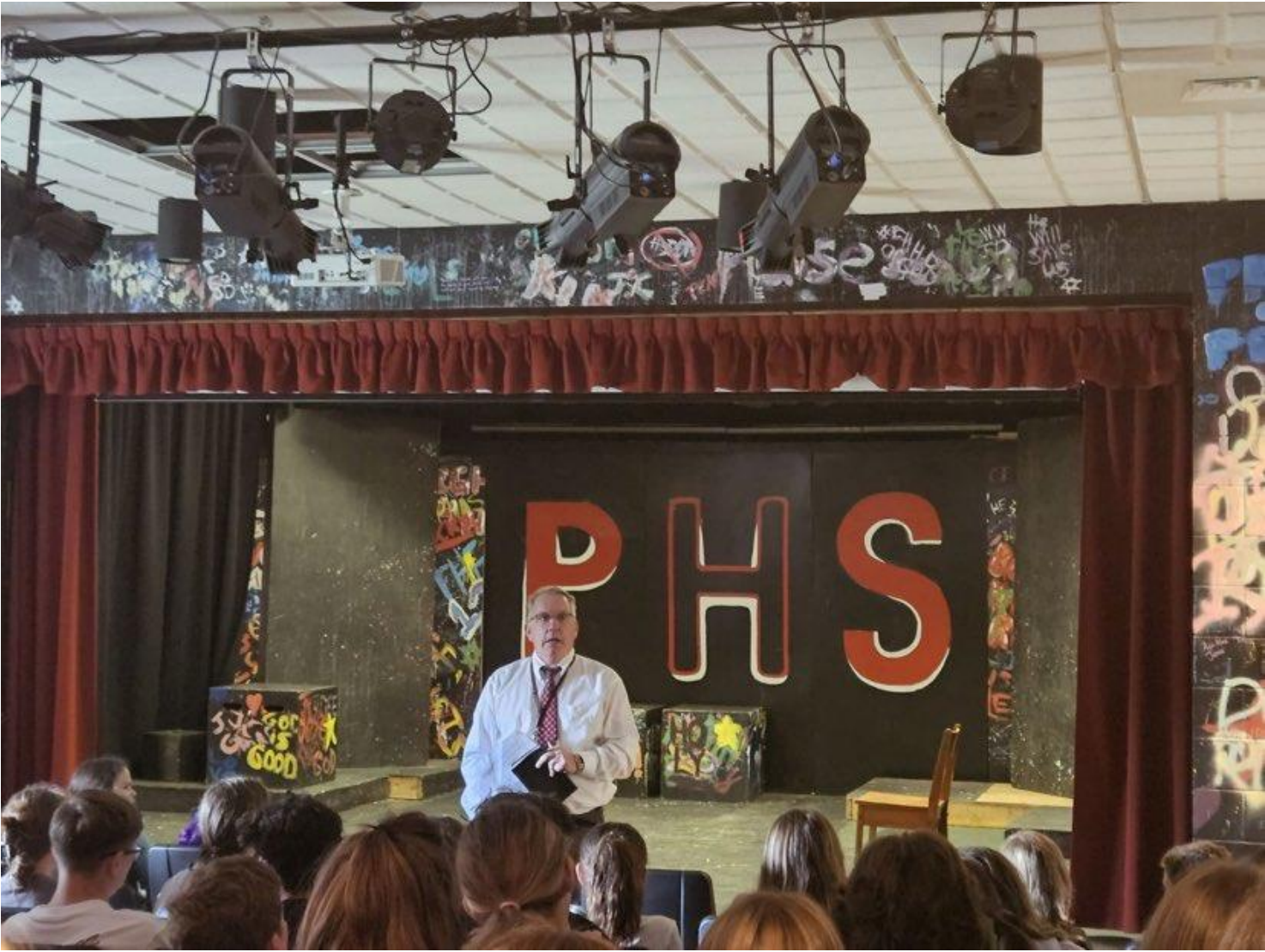
Sizes are available from small to XXL and will only be available while quantities last.

If you have any questions talk to Mr. Davis.

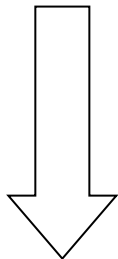
Grade 7 Orientation

Thanks to our Student Leaders for all their help with the Grade 7's









Maison des jeunes du Pontiac is in located in the back of the Pontiac High School in Shawville and is open to all youth age 6-17 yrs.

Experience a chance to make new friends, have fun, cook, network, homework help, PS3, Wii, Ping Pong, Table Soccer, Board Games, Card Games, Music, Food, Outdoor space and more!

September

SHAWVILLE PHS

LES MAISONS DES JEUNES DU PONTIAC

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<div> <div>50</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	<div> <div>31</div> <div> </div> <div> Lunch With Ally & Eden </div> </div>	<div> <div>1</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	2
3	<div> <div>4</div> <div> </div> </div>	<div> <div>5</div> <div> </div> <div> Lunch With Ally & Eden </div> </div>	<div> <div>6</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	<div> <div>7</div> <div> </div> <div> Lunch With Ally & Eden </div> </div>	<div> <div>8</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	9
10	<div> <div>11</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	<div> <div>12</div> <div> </div> <div> Lunch With Ally & Eden </div> </div>	<div> <div>13</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	<div> <div>14</div> <div> </div> <div> Lunch With Ally & Eden </div> </div>	<div> <div>15</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	16
17	<div> <div>18</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	<div> <div>19</div> <div> </div> <div> Lunch With Ally & Eden </div> </div>	<div> <div>20</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	<div> <div>21</div> <div> </div> <div> Lunch With Ally & Eden </div> </div>	<div> <div>22</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	23
24	<div> <div>25</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	<div> <div>26</div> <div> </div> <div> Lunch With Ally & Eden </div> </div>	<div> <div>27</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	<div> <div>28</div> <div> </div> <div> Lunch With Ally & Eden </div> </div>	<div> <div>29</div> <div> </div> <div> 3:00-7:00 Lunch With Ally & Eden </div> </div>	<div> <div>30</div> <div> </div> </div>

LUNCH WITH ALLY & EDEN

Monday, Wednesday, Thursday, Friday: Drop in

Tuesday: Grade 7 Day

455 rue Maple, Shawville

Enter the back of the school door "D"

Contact Desiree for more information 819-209-7626 Mdjdesiree@gmail.com

RULES OF LUNCH MDJ

In this place we offer healthy and structured meeting place. We organize free activities with the help of the youth. Activities usually include workshops, information sessions, group outings, sports, and individual, cultural and community activities.

Coarse language, discrimination, violence of any kind are not tolerated

RESPECT each others property

SIGN IN with your first and last name

EVERYONE is IMPORTANT, WELCOME and LOVED

WALK in the hallway. Please, don't loiter

Each youth centre has a code of conduct. youth attending have to respect it inside, outside and during group outings.

PHS X-C club

Practices Monday/Wednesday @ Gym door

3:15-4:45

Meet - Oct. 6.

Registration forms in Room 219.

First Practice, Wednesday, September 6.

Questions - see Mr. Mac - Rm 219