

# PHS Daily Bulletin

## Our Mission

"To ensure that everyone achieves individual excellence"



Monday April 3, 2023 Day 5

BULLETIN LINK

<https://phsdailybulletin.weebly.com>

## March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>April 3 Day 5</b> Fitness Room 11:35-12:05 Grade 10/11 <b>Open Art</b> Chess Club 11:40-12:20 <b>Film Club</b> <b>11:35-12:25</b> <b>CANCELLED</b> <b>TODAY</b>	<b>April 4 Day 6</b> Fitness Room 11:35-12:05 Grade 7/8/9 <b>Open Art</b> <b>PRIDE CLUB</b> <b>All Lunch</b> <b>EASTER EGG HUNT</b> <b>Starts at 11:35</b>	<b>April 5 Day 7</b> Fitness Room 11:35-12:05 Grade 10/11 <b>Open Art</b> <b>Dungeons &amp; Dragons</b> <b>All Lunch/3:05-4:45</b> <b>Extra-Help French</b> <b>Mme Woodman</b> <b>11:35-12:05</b> <b>Gr. 7 106-03 - Quiz</b> <b>Gr. 9 306-02 - Quiz</b>	<b>April 6 Day 8</b> Fitness Room 11:35-12:05 Grade 7/8/9 <b>Gr. 7 French Quiz</b> <b>106-01</b> <b>106-04</b> Greenhouse and Agri Club	<b>April 7</b> <b>HOLIDAY</b>
<b>April 10</b> <b>HOLIDAY</b>	<b>April 11 Day 9</b> Fitness Room 11:35-12:05 Grade 10/11 <b>Dungeons &amp; Dragons</b> <b>Club All Lunch</b>	<b>April 12 Day 1</b> Fitness Room 11:35-12:05 Grade 10/11 <b>Games Club</b> <b>11:35-12:25</b> <b>Chess Club</b> <b>11:40-12:20</b> <b>Greenhouse and Agri</b> <b>Club</b> <b>Dungeons &amp; Dragons</b> <b>Club 3:05-4:45</b>	<b>April 13 Day 2</b> Fitness Room 11:35-12:05 Grade 7/8/9 <b>Games Club</b> <b>11:35-12:25</b> <b>Chess Club</b> <b>11:40-12:20</b> <b>Dungeons &amp;</b> <b>Dragons Club</b> <b>ALL LUNCH</b>	<b>April 14 Day 3</b> Fitness Room 11:35-12:05 Grade 10/11 <b>Open Art</b> <b>Science Fair Club</b> <b>11:40-12:20</b> <b>Rm 229</b> <b>Drop In Volleyball</b> <b>3:15-4:30</b>

**LOST & FOUND in Mme LeMonnier's ROOM 227**

**What's happening today at lunch?**

Teacher	Activity	Time	Place
Ms. Dunin-Borkowska	Open Art	ALL LUNCH	Art Room
Mr. Greer	Chess Club	11:40-12:20	Room 127
Open Gym		ALL LUNCH	Gym #1
Open Gym		ALL LUNCH	Gym #2
Fitness Room for 10/11 ONLY		11:35-12:05	Fitness Room
LIBRARY		ALL LUNCH	Library
Lunch with Ally		ALL LUNCH	Maisons des Jeunes

# What's happening today after school?

Maison des Jeunes

Easter Egg Hunt 3:00-6:00

Easter Bunny Pancakes for Supper

Ball Hockey 6:00-7:00

PHS PRESENTS

## JELLYBEAN JAR GUESS

**MONDAY APRIL  
3RD UNTIL  
THURSDAY APRIL  
6TH**

**OUTSIDE THE  
CAFETERIA  
11:35-12:05**



**GUESSES ARE \$0.25 EACH  
CLOSEST GUESS WINS THE  
JAR OF JELLYBEANS**

**SEE MME WOODMAN FOR  
DETAILS**







# EASTER EGG HUNT

**4** APRIL | STARTS AT  
2023 | **11:35 A.M.**

**PRIZES AVAILABLE!**

EGGS WILL BE HIDDEN  
THROUGHOUT PHS BUT  
NOT IN CLASSROOMS!  
SEE MME WOODMAN FOR  
DETAILS!



# HELL ON WHEELS VS THE TEACHER



## WRESTLING CHAMP: ANDREW

If you were there, be sure to stop by  
and congratulate the new king of the  
ring. He should be here on Monday,  
Wednesday and Friday.

Any student seen launching volleyballs  
or kicking basketballs during breaks or  
at noon hour will be removed from the  
gymnasium during that unstructured  
time block.

The same will apply to any structured  
class time with your teacher.

This is a safety issue!







REGISTRATION REQUIRED  
April 22 - Graffiti Workshop  
Free @ MDJ Mansfield

Maison des jeunes du Pontiac is located in the back of the Pontiac High School in Shawville and is open to all youth age 6-17 yrs. Experience a chance to make new friends, have fun, cook, network, homework help, PS3, Wii, Ping Pong, Table Soccer, Board Games, Card Games, Music, Food, Outdoor space and more!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 BALL HOCKEY 6:00-7:00 Lunch with Ally EASTER EGG HUNT 2:00-4:00 EASTER BUNNY PANCAKES 6:00-7:00	4 Lunch with Ally	5 LUNCH BOXES W/ ERICA 3:00-7:00 EGG DECORATING 5:00-6:00	6 Lunch with Ally	7 Closed	8
9	10 Closed	11 Lunch with Ally	12 MAKE YOUR OWN PIZZA 3:00-7:00 Lunch with Ally	13 Lunch with Ally	14 Karaoke 3:00-7:00 Lunch with Ally	15
16	17 SCHOOL OF ROCK 3:00-7:00 BALL HOCKEY 6:00-7:00 Lunch with Ally	18 Lunch with Ally	19 KINDNESS EXPERIMENT 3:00-7:00 BOOKCLUB 3:30-4:30 Lunch with Ally	20 Lunch with Ally	24 YOUTH FOR YOUTH OUTING TO GATINEAU 3:00-7:00 DIY KITES Lunch with Ally	22 @Graffiti Workshop 10:00-3:00 7-17 yrs
23	24 SCHOOL OF ROCK 3:00-7:00 BALL HOCKEY 6:00-7:00 Lunch with Ally	25 Lunch with Ally	26 CUPCAKE DECORATING 3:00-7:00 Lunch with Ally	27 Lunch with Ally	28 FLYING SQUIRREL OUTING 10:00am-4:00pm	29
30						

# April

SHAWVILLE PHS  
LES MAISONS DES JEUNES DU PONTIAC

455 rue Maple, Shawville  
Enter the back of the school door "D"  
Contact Desiree for more information 819-209-7626  
Mjdesiree@gmail.com



**Pontiac High School**

# Attention Local Businesses

If you are interested in advertising in the PHS YEARBOOK - Please email **Matt Greer** for more information.  
**mgreer@wqsb.qc.ca**

# Pontiac High School



*Please See*

MR. GREER



**YEARBOOKS FOR SALE**

**\$35**

**DEADLINE TO PURCHASE**

**IS APRIL 21ST**

**SEE MR. GREER**

## **SMASH INTO SPRING VOLLEYBALL TOURNAMENT**

**PANTHER  
ATHLETICS**



**APRIL 14TH  
COMPETITIVE &  
RECREATIONAL**

**8 teams maximum  
PER DIVISION**

**STARTS AT 9:45**





Any student seen launching volleyballs or kicking basketballs during breaks or at noon hour will be removed from the gymnasium during that unstructured time block.

The same will apply to any structured class time with your teacher.

This is a safety issue!



# Spring Programming 2023

from April 3rd, to May 19th.

**Section: Healthy Living**

**1) Ball Hockey Campbell's Bay (6 sessions)**  
**What:** The chance for children to develop and meet there full potential in a fun and inspiring atmosphere.  
**When:** Mondays, April 3, 17, 24 and May 1, 8, 15.  
**Time:** 6:00 p.m. to 7:00 p.m.  
**Where:** Gym at St. John's Elementary  
**Age:** 6 to 13 years old  
**Cost:** \$5  
**Animators:** Allyssa and Alix

**2) Ball Hockey Shawville (6 sessions)**  
**What:** The chance for children to develop and meet there full potential in a fun and inspiring atmosphere.  
**When:** Mondays, April 3, 17, 24 and May 1, 8, 15.  
**Time:** 6:00 p.m. to 7:00 p.m.  
**Where:** Gym at PHS  
**Age:** 6 to 13 years old  
**Cost:** \$5  
**Animators:** Eden and Erica



**3) Project Éclaireur Campbell's Bay**  
**What:** Cooking and positive mental health workshop for youth.  
**When:** Wednesday, May 3.  
**Time :** 4:00 p.m. to 6 p.m.  
**Age:** Children and Parents  
**Where:** Campbell's Bay Maison des jeunes  
**Animator:** Allyssa and TDSP Erica

**4) Project Éclaireur Shawville**  
**What:** Cooking and positive mental health workshop for youth.  
**When:** Monday, May 1.  
**Time :** 4:00 p.m. to 6:00 p.m.  
**Age:** Children and Parents  
**Where:** Shawville Maison des jeunes  
**Animator:** Eden

**5) Science Nature Workshop at Coulonge Chutes**  
**What:** Explore and connect with nature. Learn how to conserve and protect the fauna and flora that surrounds us.  
**When:** Sunday, May 7  
**Age:** 7 to 17 years old  
**Cost:** \$2

	Shawville	Bryson	C-Bay	Mansfield
Depart	9:00	9:10	9:20	9:30
Return	2:45	2:35	2:25	2:15
Where	Giant Tiger	Ultramar	Deans	MDJ

**6) Lunch Box**  
**What:** With Erica's guidance, you get the opportunity to make a healthy and delicious lunch for the next day.  
**When (Campbell's Bay):** April 19, 4p.m. to 6 p.m.  
**When (Shawville):** April 5, 4 p.m. to 6 p.m.

**Where :(Campbell's Bay)** Campbell's Bay Maison des jeunes  
**Where (Shawille):** Shawville Maison des jeunes  
**Age:** For parents and children  
**Cost:** \$2.50  
**Animator:** Erica



**Thank you to our partners:**  
Centraide Outaouais  
MRC Pontiac  
Centre intégré de santé et des services sociaux de l'Outaouais  
Pontiac High School

INFO : 819 683-1044  
Email : info@mdjpontiac.com

Section: Culture, Outings and Other

7) Youth for Youth Outing (Escape room)

When: Friday, April 21  
Where: Maître du jeu in Gatineau  
Age: 12 to 17 years old  
Cost: \$25  
Animator: Rachel

	Shaw	Bryson	C-Bay	Mansfield
Depart	4:35	4:25	4:15	4:00
Return	9:25	9:35	9:45	10:00
Where	Giant Tiger	Ultramar	Deans	MDJ

8) Flying Squirrel

When: Friday, April 28  
Age: 9 to 17 years old  
Cost: \$25 and money for McDonalds  
Animators: Rachel, Desiree, Allyssa and Eden

	Shaw	Bryson	C-Bay	Mansfield
Depart	10:35	10:25	10:15	10:00
Return	3:25	3:35	3:45	4:00
Where	Giant Tiger	Ultramar	Deans	MDJ

9) Graffiti Workshop

What: Come learn the ins and out of Graffiti, with graffiti artist Paul Landry  
When: Saturday, April 22  
Time: 10:00 to 3:00  
Where: Mansfield Maison des Jeunes  
Age: 7 to 17 years old  
Cost: \$2  
Please bring a snack, pizza lunch will be included  
Animators: Allyssa and Eden

10) Home Alone Course (2 sessions)

What: The goal of this course is to prepare children to fend for themselves, deal with problems that may arise and handle themselves in a safe and constructive manner.  
When: May 17 and 24  
Time: 6:00 p.m. to 8:00 p.m.  
Where: Shawville Maison des jeunes  
Age: 10 years and older.  
Cost: \$15  
Animator: Eden

11) Regular opening hours

What: Under the supervision of the animators, youth have the opportunity to participate in various indoor and outdoor recreational activities.

When: Starting April 3, 2023

Shawville: Monday, Wednesday and Friday  
3:00 p.m.-7:00 p.m.

Campbell's Bay:  
Monday 3:00 p.m.-7:30 p.m.  
Wednesday/Thursday 3:00 p.m.-6:00 p.m.  
Friday 3:00 p.m.-8:00 p.m.

Mansfield: Tuesday 6:30-8:30  
Wednesday/Thursday 6:00-8:30  
Friday 6:00-9:30

\* Opening hours are subject to change.



How to register and/or get more info:

- ✓ Bring your form to the school office by April 3rd.
- ✓ Send your form by fax (819 683-2669) or email info@mdjpontiac.com.
- ✓ By phone (819 683-1044) or via the Maison des Jeunes Facebook page.

Registration form required

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Parents' Names: \_\_\_\_\_

Phone #: \_\_\_\_\_ Emergency Phone #: \_\_\_\_\_

Allergies: \_\_\_\_\_ Health Card #: \_\_\_\_\_

Check off the activities of your choosing:

1) Ball Hockey Campbell's Bay	\$5	_____
2) Ball Hockey Shawville	\$5	_____
3) Project Éclaireur Campbell's Bay	\$0	_____
4) Project Éclaireur Shawville	\$0	_____
5) Science Nature Workshop	\$2	_____
6) Lunch Box	\$5	_____
7) Youth for Youth Outing	\$25	_____
8) Flying Squirrel Outing	\$25	_____
9) Graffiti Workshop	\$2	_____
10) Home Alone Course	\$15	_____
11) Free activities (registration not required)		

Amount Paid \$\_\_\_\_\_

If paying by cheque, please make cheques payable to Les Maisons des Jeunes du Pontiac

I authorize my child \_\_\_\_\_ to participate in activities organized by Les Maison des Jeunes du Pontiac. In doing so, I acknowledge that the organization will not be responsible for any injury and/or lost items during the activities.

I give permission to MDJ to take pictures of my child during the activities. These photos may be used on the organization's Facebook page and/or other means to promote the organization.

Yes: \_\_\_\_ No: \_\_\_\_

Parent's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please use the area below to fill your schedule. Keep the slip on your fridge that way you won't forget!  
(What,when, where and what time)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_