

# PHS Daily Bulletin



**Our Mission**  
**"To ensure that everyone**  
**achieves individual**  
**excellence."**



**Monday April 29, 2024 Day 3**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Day 3 Green House/Art at Lunch  Baseball Try Outs 3:15-4:30 Shawville RA	30 Day 4 Dungeons & Dragons Club Rm. 121 at Lunch Chess Club Room 127 <b>CANCELLED</b> Green House/Art at Lunch Film Club at Lunch Room 125 Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room <b>CHESS TOURNAMENT</b>	May 1 Day 5 Dungeons & Dragons Club Rm. 121 at 3:05 Chess Club Room 127 at Lunch Green House/Art at Lunch Film Club at Lunch Room 125 Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Debate at Lunch Rm 127  Baseball Try Outs 3:15-4:30 Lunch Rm 140 Revisions Management Workshop  Boys and Girls Rugby (exhibition games at D'Arcy)	May 2 Day 6 Dungeons & Dragons Club Rm. 121 at Lunch Green House/Art at Lunch Debate at Lunch Rm 127	May 3           P.D. DAY
6 Day 7 Pen Club Lab C At Lunch Chess Club Room 127 at Lunch Green House/Art at Lunch Spelling B Competition in Room 131 Mr. Kent	7 Day 8 Dungeons & Dragons Club Rm. 121 at Lunch Pride Club Lab C at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Math Competition	8 Day 9 Dungeons & Dragons Club Rm. 121 at 3:05 Peer Support Group at Lunch Room 137 Math Competition At Lunch Lunch Rm 140 Revisions Management Workshop	9 Day 1 Games Club Rm 125 at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room	10 Day 2 Games Club Rm 125 at Lunch Chess Club Room 127 at Lunch

**What's Happening at Lunch**  
**What's Happening after School**

Green House/Art  
 Baseball Try Outs 3:15-4:30

Art Room  
 Shawville RA

**Workshops take place in room 140 at lunch hour. No need to register.**



# **Organizational skills** **workshop**

You want to organize  
yourself a little bit more in  
your studies?  
Here is what we offer you...

## **1: MATERIAL MANAGEMENT**

24th April 2024 \*upon registration\*

## **2: REVISIONS MANAGEMENT**

Part 1- May 1st 2024

Part 2- May 8th 2024

## **3: STRESS MANAGEMENT**

Part 1- May 15th 2024

Part 2- May 22th 2024

**Message from Madame LeMonnier**

For any of Madame Le Monnier's students who need to finish their reading evaluation, please come at lunch on Thursday.

**CONTINUED Bulletin Information**



# **SPELLING BEE COMPETITION**

**NEW DATE - MAY 7TH**



@ LUNCH  
Sign Up with Mr. Kent in  
Room 131  
\$50 FOR THE CHAMPION

**Pontiac High school**

**An English department &  
Leadership Partnered Activity**



**PHS**

# BASEBALL TRYOUTS!



**WEDNESDAY  
MAY 1  
3:15 TO 4:30PM**

**MONDAY  
APRIL 29  
3:15 TO 4:30PM** ★

**SHAWVILLE RA**

RAIN OR SHINE | for more information see Pam, Greer, or Cody

## PONTIAC HIGH SCHOOL PEER SUPPORT GROUP



**April 17,  
May 8 & 22  
@ lunch time  
In room 137**

**A safe space  
to connect,  
recharge and  
seek support**

This project is funded by the "Secrétariat à la jeunesse" Québec



The views expressed herein do not necessarily represent the views of the CHSSN and the funders.

Fondation Lucie et André Chagnon



Centre de ressources  
**connexions**  
Resource Centre



**Pontiac High School**



UNIVERSITÉ DU QUÉBEC  
WESTERN QUEBEC

# PONTIAC HIGH SCHOOL PEER SUPPORT GROUP 2024 EVENTS CALENDAR

May				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8 Beadwork	9	10
13	14	15	16	17
20	21	22 Exploring Creativity	23	24
27	28	29	30	31

A safe space to connect, recharge and seek support

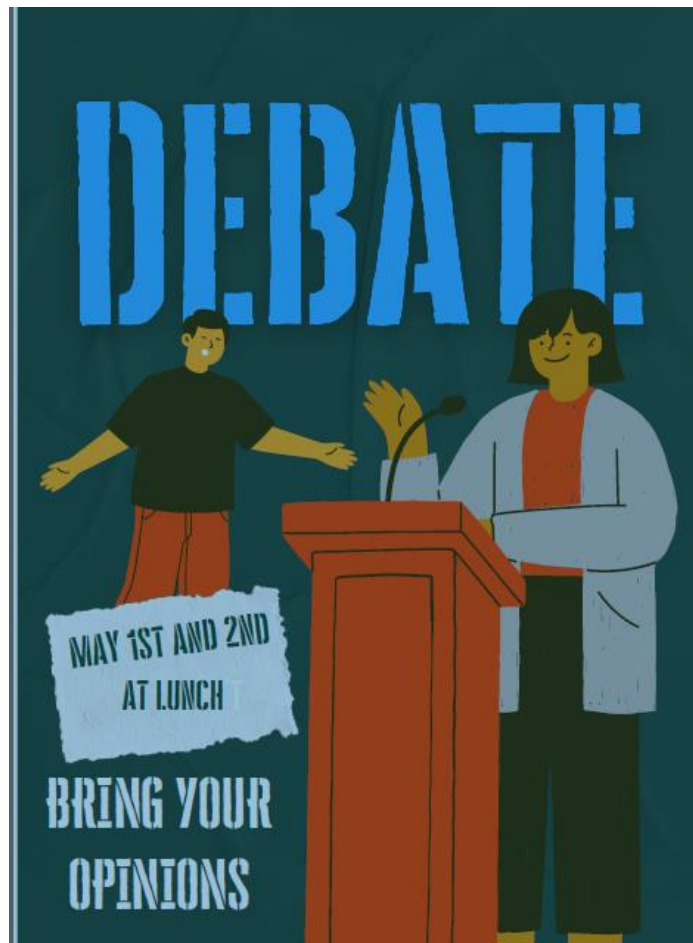
@ lunch time in room 137

This project is funded by the "Secrétariat à la jeunesse" and the Fondation Lucie et André Chagnon.  
 Secrétariat à la jeunesse Québec CHSSN

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# Math Competition

## May 7th/8th at Lunch

Sign-Up with Mr. Mac or Mr. Sweezy

Sign-Up by April 26th



# APRIL 2024



**PD DAY** April 19th 12-7PM

Please bring cash for an outing to Brooklyns Place (weather permitting).

- Outdoor soccer game
- Crafts
- Cooking activity
- Trivia contest
- Movie night & snacks



## LES MAISONS DES JEUNES DU PONTIAC

Regular open hours Mon 3-7PM Wed 3-7PM Fri 3-7PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>CLOSED</b> HAPPY EASTER	2 <b>WALKING TACO LUNCH</b>	3 <b>DODGE BALL</b> 6:00-7:00PM	4	5 <b>CLOUD DOUGH</b> 6:00-7:00 PM
8 <b>CLOSED</b>	9 <b>KACHOS LUNCH</b>	10 <b>DODGE BALL</b> 6:00-7:00PM	11	12 <b>PAINT NIGHT</b>
15 Kindness Rocks <b>MINDFUL MONDAY</b> 6:00-7:00 PM	16 <b>MINI PIZZA LUNCH</b>	17 <b>DODGE BALL</b> 6:00-7:00PM	18	19 <b>PD DAY</b> 12-7PM
22 Yoga with Kat <b>MINDFUL MONDAY</b> 6:00-7:00 PM	23 <b>GRILLED CHEESE LUNCH</b>	24 <b>DODGE BALL</b> 6:00-7:00PM	25	26 <b>FREE PLAY Gym</b> 6:00-7:00PM
29 Planting seeds <b>MINDFUL MONDAY</b> 6:00-7:00 PM	30 <b>POUTINE LUNCH</b>			

Maison des jeunes du Pontiac is located in the back of the Pontiac High School in Shawville (door "D") and is open to all youth age 6-17 yrs.

455 rue Maple, Shawville  
Contact Desiree for more information 819-209-7626  
mdjdesiree@gmail.com

## SHAWVILLE PHS

MDJ SPRING Program

**MINDFUL MONDAY**  
Mindfulness activities  
MDJ Shawville or PHS gymnasium  
6 PM - 7 PM

**DODGE BALL**  
Wednesdays  
PHS gymnasium  
6pm to 7pm



Score will be kept from week to week with a prize for the player who gets the most people out at the end of the month.

**LUNCH HOUR**

DAILY LUNCH HOUR WITH VANESSA

WEDNESDAY, THURSDAY AND FRIDAY WITH ALLY



## Our Mission

“To ensure that everyone achieves individual excellence.”