

PHS Daily Bulletin



Our Mission
"To ensure that everyone
achieves individual
excellence."



Monday April 22, 2024 Day 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22 Day 7 Pen Club Lab C At Lunch Chess Club Room 127 at Lunch Green House/Art at Lunch	23 Day 8 Boxing 11:40-12:20 AGORA and after school 3:30-5:00 Dungeons & Dragons Club Rm. 121 at Lunch Pride Club Lab C at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Deadline to sign up for the Chess Tourny READING DAY	24 Day 9 Dungeons & Dragons Club Rm. 121 at 3:05 Spelling B Competition in Room 131 Mr. Kent Girls 4 vs. 4 hockey tournament in Renfrew	25 Day 1 Boxing 11:40-12:20 AGORA and after school 3:30-5:00 Games Club Rm 125 at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Dodgeball Tournament at Lunch	26 Day 2 Games Club Rm 125 at Lunch Chess Club Room 127 at Lunch Deadline to Purchase Yearbooks Dodgeball Tournament at Lunch
29 Day 3 Green House/Art at Lunch	30 Day 4 Dungeons & Dragons Club Rm. 121 at Lunch Chess Club Room 127 CANCELLED Green House/Art at Lunch Film Club at Lunch Room 125 Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room CHESS TOURNAMENT	May 1 Day 5 Dungeons & Dragons Club Rm. 121 at 3:05 Chess Club Room 127 at Lunch Green House/Art at Lunch Film Club at Lunch Room 125 Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Debate at Lunch Rm 127	May 2 Day 6 Dungeons & Dragons Club Rm. 121 at Lunch Green House/Art at Lunch Debate at Lunch Rm 127	May 3 P.D. DAY
6 Day 7 Pen Club Lab C At Lunch Chess Club Room 127 at Lunch Green House/Art at Lunch	7 Day 8 Dungeons & Dragons Club Rm. 121 at Lunch Pride Club Lab C at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room	8 Day 9 Dungeons & Dragons Club Rm. 121 at 3:05 Peer Support Group at Lunch Room 137	9 Day 1 Games Club Rm 125 at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room	10 Day 2 Games Club Rm 125 at Lunch Chess Club Room 127 at Lunch

What's Happening at Lunch

Greenhouse/Art
Pen Club
Chess Club

Art Room
Lab C
Room 127

What's Happening after School

YOGA with Kate 6:00-7:00

Maisons des Jeunes

MACINTOSH & LOTTES²
INTENSIVE TRAINING

TRACK & FIELD
START TRAINING WITH US

SIGN UP NOW!

WATCH VIDEO LINK BELOW

<https://youtube.com/watch?v=xEbLITDOEbA&si=JQBfKDezQDygvjZv>

CONTINUED Bulletin Information



reading day



Tuesday, April 23rd

Reading Day is a day that we are all reading during advisory.

Before the event, find a good book by visiting the library or bring a book from home.

PONTIAC HIGH SCHOOL PEER SUPPORT GROUP

A circular logo with a pink border. Inside the circle, a stylized green maple leaf is formed by several hands of different colors (pink, blue, yellow) reaching towards the center. The text 'PONTIAC HIGH SCHOOL' is arched over the top of the circle, and 'PEER SUPPORT GROUP' is arched along the bottom.

April 17,
May 8 & 22
@ lunch time
In room 137

A safe space
to connect,
recharge and
seek support

This project is funded by the
"Secrétariat à la jeunesse"
Fondation Lucie
et André Chagnon
Secrétariat
à la jeunesse
Québec CHSSN
The views expressed herein do not necessarily represent the
views of the CHSSN and the funders.

Centre de ressources
connexions
Resource Centre



PONTIAC HIGH SCHOOL PEER SUPPORT GROUP 2024 EVENTS CALENDAR

May				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8 Beadwork	9	10
13	14	15	16	17
20	21	22 Exploring Creativity	23	24
27	28	29	30	31

A safe space to connect, recharge and seek support

@ lunch time in room 137

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Fondation Lucie et André Chagnon CHSN

Centre de ressources connexions Resource Centre



Pontiac High School



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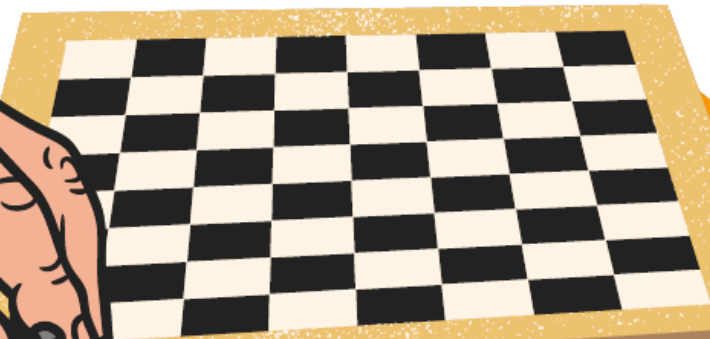


CHESS TOURNAMENT



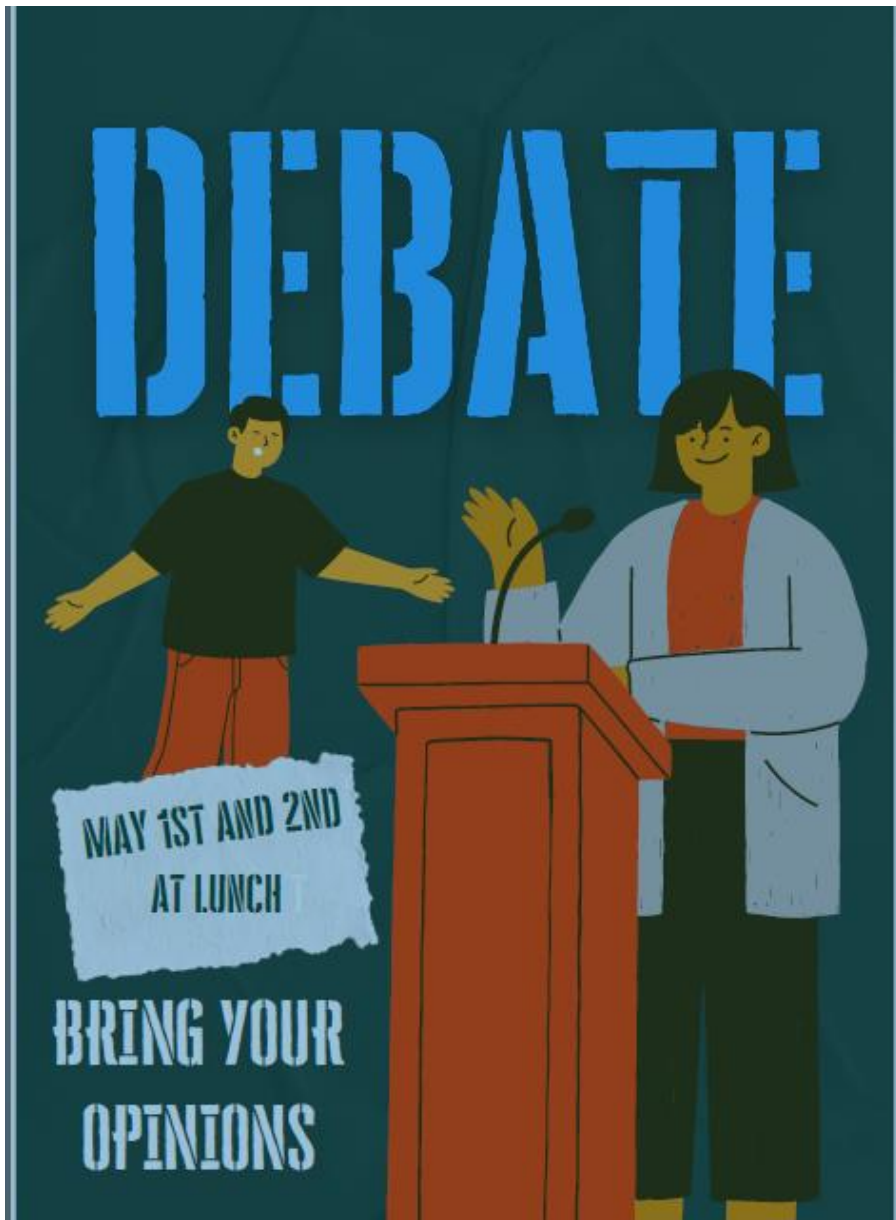
Single Elimination

Dead Line To Sign-Up
April 23



APRIL 30, 2024
Sign Up In Room 127

Prizes To Win



MILITARY DODGEBALL TOURNAMENT

DURING LUNCH
APRIL 25/26



SIGN UP IN GYM

THERE WILL BE BLOOD



SPELLING BEE COMPETITION 

Wednesday April 24th

Juniors 3rd period
Seniors 4th period
Sign Up with Mr. Kent in Room 131

Pontiac High school

An English department & Leadership Partnered Activity



Pontiac High School



Please See

MR. GREER



YEARBOOKS FOR SALE \$40 DEADLINE TO PURCHASE April 26th

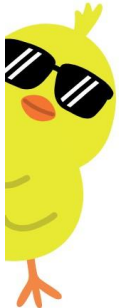
APRIL 2024



PD DAY April 19th
12-7PM

Please bring cash for an outing to Brooklyns Place (weather permitting).

- Outdoor soccer game
- Crafts
- Cooking activity
- Trivia contest
- Movie night & snacks



LES MAISONS DES JEUNES DU PONTIAC SHAWVILLE PHS

Regular open hours Mon 3-7PM Wed 3-7PM Fri 3-7PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED HAPPY EASTER	2 WALKING TACO LUNCH	3 DODGE BALL 6:00-7:00PM	4	5 CLOUD DOUGH 6:00-7:00 PM
8 CLOSED	9 NACHOS LUNCH	10 DODGE BALL 6:00-7:00PM	11	12 PAINT NIGHT
15 Kindness Rocks MINDFUL MONDAY 6:00-7:00 PM	16 MINI PIZZA LUNCH	17 DODGE BALL 6:00-7:00PM	18	19 PD DAY 12-7PM
22 Yoga with Kat MINDFUL MONDAY 6:00-7:00 PM	23 GRILLED CHEESE LUNCH	24 DODGE BALL 6:00-7:00PM	25	26 FREE PLAY Gym 6:00-7:00PM
29 Planting seeds MINDFUL MONDAY 6:00-7:00 PM	30 POUTINE LUNCH			

MDJ SPRING Program

MINDFUL MONDAY
Mindfulness activities
MDJ Shawville or PHS gymnasium
6 PM - 7 PM

DODGE BALL
Wednesdays
PHS gymnasium
6pm to 7pm



Score will be kept from week to week with a prize for the player who gets the most people out at the end of the month.

LUNCH HOUR

DAILY LUNCH HOUR WITH VANESSA

WEDNESDAY, THURSDAY AND FRIDAY WITH ALLY

Maison des jeunes du Pontiac is located in the back of the Pontiac High School in Shawville (door "D") and is open to all youth age 6-17 yrs.



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Contact Desiree for more information 819-209-7626
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