

PHS Daily Bulletin



Our Mission
"To ensure that everyone
achieves individual
excellence."



Monday April 15, 2024 Day 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>15 Day 3</p> <p>MINDFULNESS MONDAY PIRATE DAY Green House/Art at Lunch</p> <p>Last Junior Volleyball Practice after school 3:05-5:00</p>	<p>16 Day 4</p> <p>PAJAMA DAY Dungeons & Dragons Club Rm. 121 at Lunch Film Club at Lunch Room 125 Chess Club Room 127 at Lunch Green House/Art at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Badminton Try Outs 3:15-5:00</p>	<p>17 Day 5</p> <p>TWIN/SQUAD DAY Dungeons & Dragons Club Rm. 121 at 3:05 Film Club at Lunch Room 125 Chess Club Room 127 at Lunch Green House/Art at Lunch</p> <p>Junior Boys and Girls Pontiac Cup Championship Day at ESSC</p> <p>Peer Support Group at Lunch Room 137</p>	<p>18 Day 6</p> <p>Dungeons & Dragons Club Rm. 121 at Lunch Green House/Art at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room OPEN HOUSE 5:30-8:00 Last day to Register Organizational Skills Workshop Rm 140</p> <p>Elementary school basketball tournament- hosted at PHS - all day in the gym</p>	<p>19</p> <p>P.D. DAY</p>
<p>22 Day 7</p> <p>Pen Club Lab C At Lunch Chess Club Room 127 at Lunch Green House/Art at Lunch</p>	<p>23 Day 8</p> <p>Boxing 11:40-12:20 AGORA and after school 3:30-5:00 Dungeons & Dragons Club Rm. 121 at Lunch Pride Club Lab C at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Deadline to sign up for the Chess Tourny</p>	<p>24 Day 9</p> <p>Dungeons & Dragons Club Rm. 121 at 3:05</p> <p>Spelling B Competition in Room 131 Mr. Kent</p>	<p>25 Day 1</p> <p>Boxing 11:40-12:20 AGORA and after school 3:30-5:00 Games Club Rm 125 at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Dodgeball Tournament at Lunch</p>	<p>26 Day 2</p> <p>Games Club Rm 125 at Lunch Chess Club Room 127 at Lunch Deadline to Purchase Yearbooks</p> <p>Dodgeball Tournament at Lunch</p>

29 Day 3 Green House/Art at Lunch	30 Day 4 Dungeons & Dragons Club Rm. 121 at Lunch Chess Club Room 127 at Lunch Green House/Art at Lunch Film Club at Lunch Room 125 Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room CHESS TOURNAMENT	May 1 Day 5 Dungeons & Dragons Club Rm. 121 at 3:05 Chess Club Room 127 at Lunch Green House/Art at Lunch Film Club at Lunch Room 125 Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Debate at Lunch Rm 127	May 2 Day 6 Dungeons & Dragons Club Rm. 121 at Lunch Green House/Art at Lunch Debate at Lunch Rm 127	May 3 P.D. DAY
6 Day 7 Pen Club Lab C At Lunch Chess Club Room 127 at Lunch Green House/Art at Lunch	7 Day 8 Dungeons & Dragons Club Rm. 121 at Lunch Pride Club Lab C at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room	8 Day 9 Dungeons & Dragons Club Rm. 121 at 3:05 Peer Support Group at Lunch Room 137	9 Day 1 Games Club Rm 125 at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room	10 Day 2 Games Club Rm 125 at Lunch Chess Club Room 127 at Lunch

What's Happening at Lunch

Greenhouse/Art

Art Room

What's Happening after school

Kindness Rocks 6:00-7:00
Volleyball 3:05-5:00

Maisons des Jeunes





PHS OPEN HOUSE

April 18TH, 2024

5:30 P.M. - 8:00 P.M.

MEET
THE
TEACHERS
AND
ADMIN

STAFF
PRESENTATIONS
ABOUT
HIGH
SCHOOL
LIFE

LEARN
ABOUT
OUR GREAT
PROGRAMS

Be sure to visit our:

- welding shop
 - woodworking shop
 - greenhouse
 - fitness room
 - music room
 - library
 - science labs
- and teacher classrooms!

To sign up for the organizational skills and material management workshops please use the sign up sheet outside room 140.

Last day to register is April 18th.

Organizational skills workshop

You want to organize
yourself a littlebit more in
your studies?
Here is what we offer you...

1: MATERIAL MANAGEMENT

24th April 2024 *upon registration*

2: REVISIONS MANAGEMENT

Part 1- May 1st 2024

Part 2- May 8th 2024

3: STRESS MANAGEMENT

Part 1- May 15th 2024

Part 2- May 22th 2024

Mindfulness Monday

Sidewalk Chalk and Bubbles!

*JOIN STUDENT GOVERNMENT
OUTSIDE C BLOCK ON MONDAY*

APRIL 15

*TO BRIGHTEN UP THE SCHOOL
YARD*

AND ENJOY A FREEZIE!

AHOY, MATEYS!

Monday April 15 is
**DRESS LIKE A
PIRATE DAY!**

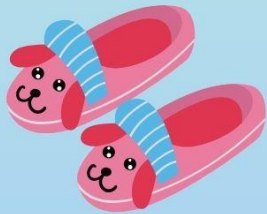
Put together a pirate
costume and join
Jackson's Crew!

*No Hats permitted



**Tuesday, April 16 is
National Wear Your
Pajamas to Work Day...**

**PAJAMA
DAY**



**So let's wear our pjs to
school!**



Wednesday, April 17th

TWIN/SQUAD DAY!

Match with your
friends!



*School
Spirit*

PONTIAC HIGH SCHOOL PEER SUPPORT GROUP



April 17,
May 8 & 22
@ lunch time
In room 137

A safe space
to connect,
recharge and
seek support

This project is funded by the
"Secrétariat à la jeunesse"



Fondation Lucie
et André Chagnon



Centre de ressources
connexions
Resource Centre



**Pontiac
High School**



The views expressed herein do not necessarily represent the views of the CHSSN and the funders.

PONTIAC HIGH SCHOOL PEER SUPPORT GROUP

2024 EVENTS CALENDAR

April

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15	16	17 Drumming with Krish	18	19
22	23	24	25	26
29	30			

A safe space to connect, recharge and seek support

@ lunch time in room 137

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Centre de ressources **connexions** Resource Centre



PONTIAC HIGH SCHOOL PEER SUPPORT GROUP

2024 EVENTS CALENDAR

May

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8 Beadwork	9	10
13	14	15	16	17
20	21	22 Exploring Creativity	23	24
27	28	29	30	31

A safe space to connect, recharge and seek support

@ lunch time in room 137

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CHESS TOURNAMENT



Single Elimination

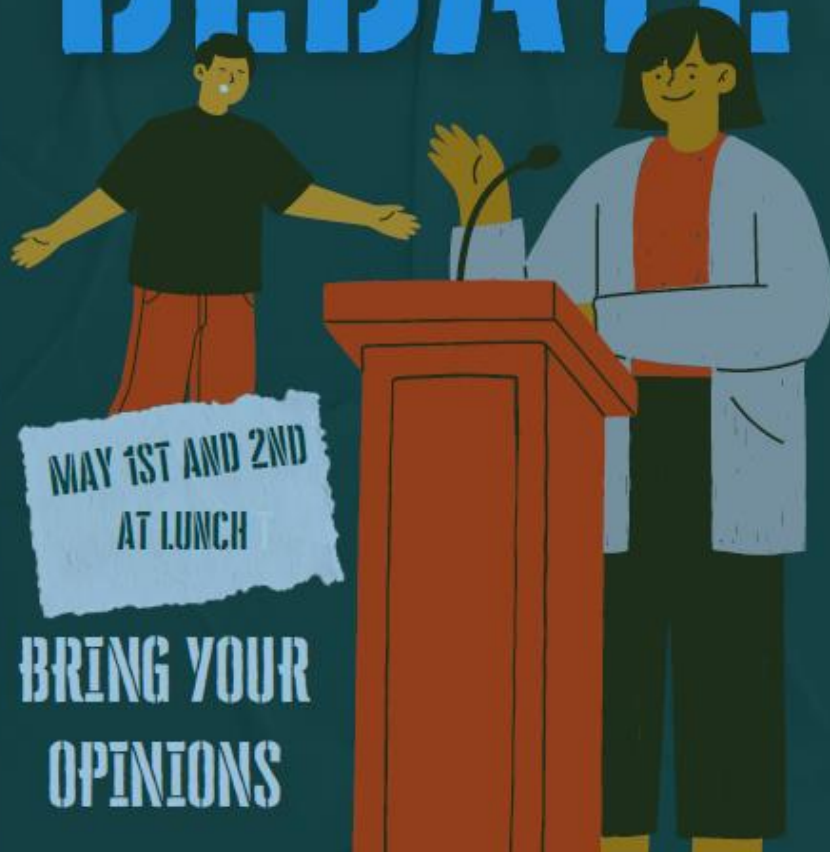
Dead Line To Sign-Up
April 23



APRIL 30, 2024
Sign Up In Room 127

Prizes To Win

DEBATE



MAY 1ST AND 2ND
AT LUNCH

BRING YOUR
OPINIONS



Math Competition

May 7th/8th at Lunch

Sign-Up with Mr. Mac or Mr. Sweezy

Sign-Up by April 26th



$$C = 2\pi r$$



$$V = \frac{4}{3}\pi$$

MILITARY **DODGEBALL** **TOURNAMENT**

DURING LUNCH
APRIL
25/26

SIGN UP IN GYM

THERE WILL BE
BLOOD



SPELLING BEE COMPETITION

Wednesday April 24th

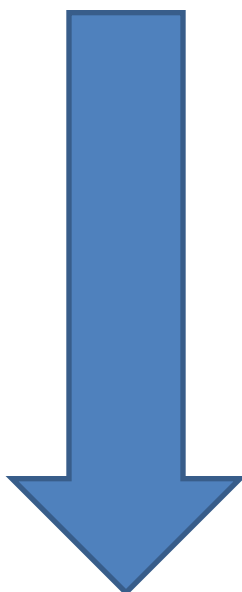


Juniors 3rd period
Seniors 4th period
Sign Up with Mr. Kent in
Room 131



Pontiac High school

**An English department &
Leadership Partnered Activity**



Pontiac High School



Please See

MR. GREER

YEARBOOKS FOR SALE \$40 DEADLINE TO PURCHASE April 26th

APRIL 2024



PD DAY April 19th
12-7PM



Please bring cash for an outing to Brooklyns Place (weather permitting).

- Outdoor soccer game
- Crafts
- Cooking activity
- Trivia contest
- Movie night & snacks



LES MAISONS DES JEUNES DU PONTIAC SHAWVILLE PHS

Regular open hours Mon 3-7PM Wed 3-7PM Fri 3-7PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED HAPPY EASTER	2 WALKING TACO LUNCH	3 DODGE BALL 6:00-7:00PM	4	5 CLOUD DOUGH 6:00-7:00PM
8 CLOSED	9 NACHOS LUNCH	10 DODGE BALL 6:00-7:00PM	11	12 PAINT NIGHT
15 Kindness Rocks MINDFUL MONDAY 6:00-7:00 PM	16 MINI PIZZA LUNCH	17 DODGE BALL 6:00-7:00PM	18	19 PD DAY 12-7PM
22 Yoga with Kat MINDFUL MONDAY 6:00-7:00 PM	23 SMILED CHEESE LUNCH	24 DODGE BALL 6:00-7:00PM	25	26 FREE PLAY Gym 6:00-7:00PM
29 Planting seeds MINDFUL MONDAY 6:00-7:00 PM	30 POUTINE LUNCH			

MDJ SPRING Program

MINDFUL MONDAY
Mindfulness activities
MDJ Shawville or PHS gymnasium
6 PM - 7 PM

DODGE BALL
Wednesdays
PHS gymnasium
6pm to 7pm



Score will be kept from week to week with a prize for the player who gets the most people out at the end of the month.

LUNCH HOUR

DAILY LUNCH HOUR WITH VANESSA

WEDNESDAY, THURSDAY AND FRIDAY WITH ALLY

Maison des jeunes du Pontiac is located in the back of the Pontiac High School in Shawville (door "D") and is open to all youth age 6-17 yrs.



455 rue Maple, Shawville
Contact Desiree for more information 819-209-7626
mdjdesiree@gmail.com

