

# PHS Daily Bulletin



**Our Mission**  
**"To ensure that everyone**  
**achieves individual**  
**excellence."**



Friday September 29, 2023 Day 2

**TODAY FRIDAY Sept 29<sup>th</sup> is our count day and its very important everyone is here for attendance at least for Period 1.**

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|--|---|--|--|
| <b>25 Day 7</b><br><b>Cross Country Club</b><br><b>3:15-4:45</b><br><b>Pen Club all Lunch</b><br><b>Lab C</b><br><br><b>SOCCER 11:45</b><br><b>meet at the field</b>      | <b>26 Day 8</b><br><b>Dungeons &amp; Dragons</b><br><b>Club Rm. 121 at Lunch</b><br><b>Pride Club all Lunch</b><br><b>Lab C</b>  | <b>27 Day 9</b><br><b>Cross Country Club</b><br><b>3:15-4:45</b><br><b>Senior Golf Gr. 9 10 11</b><br><b>2:00 pm</b><br><b>Dungeons &amp; Dragons</b><br><b>Club Rm. 121 3:05-4:45</b>  | <b>28 Day 1</b><br><b>Games Club Rm 125</b><br><b>at Lunch CANCELLED</b><br><br><b>Games Club</b><br><b>AFTER SCHOOL PARTY</b><br><b>3:15-5:00</b><br><b>Terry Fox</b><br><b>9:00-12:35</b><br><b>BBQ Lunch all items</b><br><b>\$1.50</b><br><b>RUGBY 3:15-5:00</b> | <b>29 Day 2</b><br><b>TODAY is our count</b><br><b>day and its very</b><br><b>important everyone</b><br><b>is here for</b><br><b>attendance at least</b><br><b>for Period 1.</b><br><b>Games Club Rm 125</b><br><b>at Lunch CANCELLED</b><br><b>SOCCER 11:45</b><br><b>meet at the field</b><br><b>Senior Golf</b><br><b>Gr. 9 10 11</b><br><b>2:00 pm</b><br><b>ALL P.E CLASSES</b><br><b>12 minute run</b><br><b>make-ups and</b><br><b>re-runs at 12:05</b><br><b>Sr. Volleyball after</b><br><b>school Gr. 10/11</b> |
| <b>October 2 Day 3</b><br><b>Cross Country Club</b><br><b>3:15-4:45</b><br><b>SOCCER 11:45</b><br><b>meet at the field</b><br><b>Yearbooks on Sale</b><br><b>Room 127</b> | <b>3 Day 4</b><br><b>Dungeons &amp; Dragons</b><br><b>Club Rm. 121 at Lunch</b><br><b>Film Club 11:35-12:25</b><br><b>Room 125</b><br><b>Yearbooks on Sale</b><br><b>Room 127</b><br><b>Grade 7-02 (Enrichi)</b><br><b>Quiz #1</b> | <b>4 Day 5</b><br><b>Dungeons &amp; Dragons</b><br><b>Club Rm. 121 3:05-4:45</b><br><b>Cross Country Club</b><br><b>3:15-4:45</b><br><b>Film Club 11:35-12:25</b><br><b>Room 125</b><br><b>Yearbooks on Sale</b><br><b>Room 127</b> | <b>5 Day 6</b><br><b>Dungeons &amp; Dragons</b><br><b>Club Rm. 121 at</b><br><b>Lunch</b><br><b>RUGBY 3:15-5:00</b><br><b>Canoe Races</b>  | <b>6 Day 7</b><br><b>Pen Club all Lunch</b><br><b>Lab C</b><br><br><b>SOCCER 11:45</b><br><b>meet at the field</b>   |
| <b>9</b><br><b>HOLIDAY</b>  | <b>10 Day 8</b><br><b>Dungeons &amp; Dragons</b><br><b>Club Rm. 121 at Lunch</b><br><b>Pride Club all Lunch</b><br><b>Lab C</b>  | <b>11 Day 9</b><br><b>Dungeons &amp; Dragons</b><br><b>Club Rm. 121 3:05-4:45</b><br><b>Cross Country Club</b><br><b>3:15-4:45</b>  | <b>12</b><br><b>P.D. DAY</b>   | <b>13</b><br><b>P.D. DAY</b>   |

## What's Happening TODAY

### at LUNCH TIME

Lunch with Ally & Eden  
 Soccer  
 12 Minute run make-up

ALL LUNCH  
 11:45  
 12:05

Maisons des Jeunes  
 Field  
 Gym

**ACADEMIC MESSAGE FROM MADAME LEMONNIER FOR FRIDAY**

Any of Madame Le Monnier's grade 11 students who need more time to finish the first reading evaluation, please come at lunch on Friday. You can bring your lunch.

Any of Madame Le Monnier's grade 7 students (Enrichi or regular) who would like some extra help with what we are working on, please come at lunch on Friday. You can bring your lunch.

**Senior Golf 9/10/11 at 2:00 TODAY  
AFTER SCHOOL**

Card Night  
Senior Vollyball

3:00-7:00  
after School

Maisons des jeunes  
Grade 10/11

**YEARBOOK  
PRESALE & SELLING  
PAST YEARBOOKS**

**October 2nd-5th  
Being sold in Mr.Greer's  
room 127 at lunch**



**Prices**



**PRESALE —→ \$25**

**YEARBOOKS  
FROM LAST —→ \$25  
YEAR**

**ANY YEARS  
BEFORE THAT —→ \$10**

**Message from Mr. Findlay**

ALL P.E CLASSES: 12 minute run make-ups and re-runs will be Friday September 29 at 12:05.

See Mr Findlay Friday at lunch.





MONDAYS & FRIDAYS

**SOCCER**

11:45

EVERYONE WELCOME  
MEET ON THE FIELD



## Canoe Races

**Friday, October 6th**

- On the Gatineau River down the road from St Mike's High School in Low
- 10:00 to 2:00
- Students must have completed the canoe clinic
- **Student must find their own transportation**

**No Cost**

**See Mr. Kent for  
Details and  
Permission Slips**

# PANTHER HOCKEY



ANY ONE INTERESTED IN PLAYING PHS HOCKEY  
THIS YEAR PLEASE SEE MR. FINDLAY FOR  
PERMISSION FORMS & INFORMATION.

ALL GRADES ARE WELCOME - WE'RE HOPING TO  
HAVE A JUNIOR & SENIOR LEVEL TEAM AGAIN THIS  
YEAR.

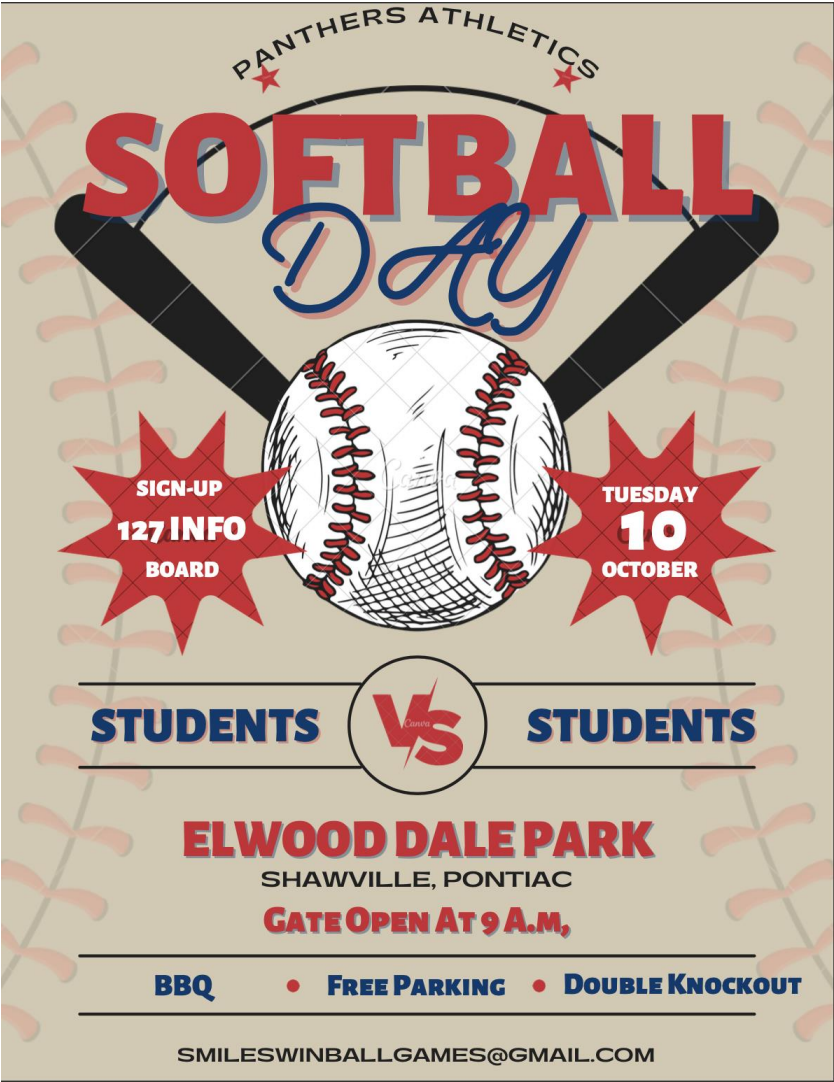


## Oct 16<sup>th</sup> and 17<sup>th</sup> Ring Sales

Senior volleyball 🏐 this Friday after school.  
Unfortunately, moving forward senior  
volleyball is only grade 10/11.  
Grade 9s will join the junior volleyball after  
seniors are done!

Attention Junior Boys and Girls basketball  
players try outs will be held on Monday October  
2 from 3:15 - 5:00  
You must be in grade 7 or 8 to try out for these  
teams.





On Wednesday, Ms. Brownlee took some enthusiastic Grade 10 History students to participate in an archeology dig near Quyon. The archeological dig site was the location of a former Hudson’s Bay Company fur trading post which was in operation in the 1840s-50s. Three archeologists were on site to teach students how to trowel, sift, clean and sort artefacts. Students found many artefacts including pieces of clay pipe, glass, porcelain and metal objects. We also took a short walk to view the abundant number of stromatolite fossils at the shore of the Kitchissippi/Ottawa River. We are thankful to the Friends of the Chats Falls organization for inviting PHS to participate in this “living history” event and we acknowledge the Anishinaabe people who allowed us to be on their unceded territory and explore our shared local heritage.











# TERRY FOX 2023

Mrs. Illingworth's Advisory raised  
\$403.60















