

# PHS Daily Bulletin



**Our Mission**  
**“To ensure that everyone achieves individual excellence.”**



Friday April 12, 2024 Day 2

Games Club Rm 125 at Lunch

**Chess Club Room 127 at Lunch**

Volley Ball 3:00-5:00

Peer Support Group at Lunch Rm 137

**HAT DAY TODAY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 Day 3 <b>MINDFULNESS MONDAY</b> <b>PIRATE DAY</b> Green House/Art at Lunch	16 Day 4 <b>PAJAMA DAY</b> Dungeons & Dragons Club Rm. 121 at Lunch Film Club at Lunch Room 125 <b>Chess Club Room 127 at Lunch</b> Green House/Art at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room	17 Day 5 TWIN/SQUAD DAY Dungeons & Dragons Club Rm. 121 at 3:05 Film Club at Lunch Room 125 <b>Chess Club Room 127 at Lunch</b> Green House/Art at Lunch	18 Day 6 Dungeons & Dragons Club Rm. 121 at Lunch Green House/Art at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room <b>OPEN HOUSE 5:30-8:00</b> Last day to Register Organizational Skills Workshop Rm 140	19 P.D. DAY
22 Day 7 Pen Club Lab C At Lunch <b>Chess Club Room 127 at Lunch</b> Green House/Art at Lunch	23 Day 8 Boxing 11:40-12:20 AGORA and after school 3:30-5:00 Dungeons & Dragons Club Rm. 121 at Lunch Pride Club Lab C at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Deadline to sign up for the Chess Tourney	24 Day 9 Dungeons & Dragons Club Rm. 121 at 3:05 Spelling B Competition in Room 131 Mr. Kent	25 Day 1 Boxing 11:40-12:20 AGORA and after school 3:30-5:00 Games Club Rm 125 at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Dodgeball Tournament at Lunch	26 Day 2 Games Club Rm 125 at Lunch <b>Chess Club Room 127 at Lunch</b> Deadline to Purchase Yearbooks Dodgeball Tournament at Lunch

29 Day 3 Green House/Art at Lunch	30 Day 4 Dungeons & Dragons Club Rm. 121 at Lunch Chess Club Room 127 at Lunch Green House/Art at Lunch Film Club at Lunch Room 125 Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room CHESS TOURNAMENT	May 1 Day 5 Dungeons & Dragons Club Rm. 121 at 3:05 Chess Club Room 127 at Lunch Green House/Art at Lunch Film Club at Lunch Room 125 Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room Debate at Lunch Rm 127	May 2 Day 6 Dungeons & Dragons Club Rm. 121 at Lunch Green House/Art at Lunch Debate at Lunch Rm 127	May 3  P.D. DAY
6 Day 7 Pen Club Lab C At Lunch Chess Club Room 127 at Lunch Green House/Art at Lunch	7 Day 8 Dungeons & Dragons Club Rm. 121 at Lunch Pride Club Lab C at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room	8 Day 9 Dungeons & Dragons Club Rm. 121 at 3:05	9 Day 1 Games Club Rm 125 at Lunch Gr. 7 & 8 Math Tutoring 3:15-4:30 in the Art Room	10 Day 2 Games Club Rm 125 at Lunch Chess Club Room 127 at Lunch

### What's Happening at Lunch

Games Club  
Chess Club  
Peer Support Group

Room 125  
Room 127  
Room 137

### ACADEMICS at Lunch

Anyone who owes Madame Le Monnier anything, please come at lunch on TODAY. If you're not sure, please ask.

### MEETING at Lunch

“Backstage Crew Meeting: Anyone who signed up for backstage crew for the Musical should come meet with Ms. Paquette at lunch TODAY in room 229 for a quick meeting to go over schedules and duties. “

### What's Happening after school

Paint Night  
Volleyball

Maisons des Jeunes  
3:05-5:00

To sign up for the organizational skills and material management workshops please use the sign up sheet outside room 140.

Last day to register is April 18th.

# **Organizational skills workshop**

You want to organize  
yourself a little bit more in  
your studies?  
Here is what we offer you...

## **1: MATERIAL MANAGEMENT**

24th April 2024 \*upon registration\*

## **2: REVISIONS MANAGEMENT**

Part 1- May 1st 2024

Part 2- May 8th 2024

## **3: STRESS MANAGEMENT**

Part 1- May 15th 2024

Part 2- May 22th 2024

# **Mindfulness Monday**

## **Sidewalk Chalk and Bubbles!**

***JOIN STUDENT GOVERNMENT  
OUTSIDE C BLOCK ON MONDAY***

***APRIL 15***

***TO BRIGHTEN UP THE SCHOOL  
YARD***

***AND ENJOY A FREEZIE!***

**AHOY, MATEYS!**

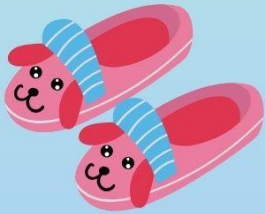
Monday April 15 is  
**DRESS LIKE A  
PIRATE DAY!**

Put together a pirate  
costume and join  
Jackson's Crew!

\*No Hats permitted



**Tuesday, April 16 is  
National Wear Your  
Pajamas to Work Day...**



**PAJAMA  
DAY**

**So let's wear our pjs to  
school!**



Wednesday, April 17th

TWIN/SQUAD DAY!

Match with your  
friends!



*School  
Spirit*

# PONTIAC HIGH SCHOOL PEER SUPPORT GROUP

April 17,  
May 8 & 22  
@ lunch time  
In room 137

A safe space  
to connect,  
recharge and  
seek support

This project is funded by the  
"Secrétariat à la jeunesse"

Secrétariat  
à la jeunesse

Québec



Fondation Lucie  
et André Chagnon

CHSSN

Centre de ressources

conne<sup>x</sup>ions

Resource Centre



Pontiac  
High School



UNIVERSITÉ DU QUÉBEC  
WESTERN  
QUÉBEC

The views expressed herein do not necessarily represent the  
views of the CHSSN and the funders.



# PONTIAC HIGH SCHOOL PEER SUPPORT GROUP

## 2024 EVENTS CALENDAR

### April

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15	16	17 Drumming with Krish	18	19
22	23	24	25	26
29	30			

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connect, recharge  
and seek support

@ lunch time  
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Centre de ressources  
conneXions  
Resource Centre



# PONTIAC HIGH SCHOOL PEER SUPPORT GROUP

## 2024 EVENTS CALENDAR

### May

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8 Beadwork	9	10
13	14	15	16	17
20	21	22 Exploring Creativity	23	24
27	28	29	30	31

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@ lunch time  
in room 137

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**CONTINUED Bulletin Information**



***HAT DAY***



**SUPPORT PROM 2024**

**TODAY**

**Pay \$2**

**to wear your hat**

**Pay and get your stamp  
outside Room 139**



# CHESS TOURNAMENT



Single Elimination

Dead Line To Sign-Up  
April 23



APRIL 30, 2024  
Sign Up In Room 127

Prizes To Win

# DEBATE

MAY 1ST AND 2ND  
AT LUNCH

BRING YOUR  
OPINIONS



# PHS OPEN HOUSE

## April 18TH, 2024

5:30 P.M. - 8:00 P.M.

MEET  
THE  
TEACHERS  
AND  
ADMIN

STAFF  
PRESENTATIONS  
ABOUT  
HIGH  
SCHOOL  
LIFE

LEARN  
ABOUT  
OUR GREAT  
PROGRAMS

- Be sure to visit our:
- welding shop
  - woodworking shop
  - greenhouse
  - fitness room
  - music room
  - library
  - science labs
- and teacher classrooms!



# Math Competition

May 7th/8th at Lunch

Sign-Up with Mr. Mac or Mr. Sweezy

Sign-Up by April 26th



**MILITARY DODGEBALL TOURNAMENT**

DURING LUNCH  
APRIL  
25/26

**SIGN UP IN GYM**

THERE WILL BE  
BLOOD



# **SPELLING BEE COMPETITION**

Wednesday April 24th

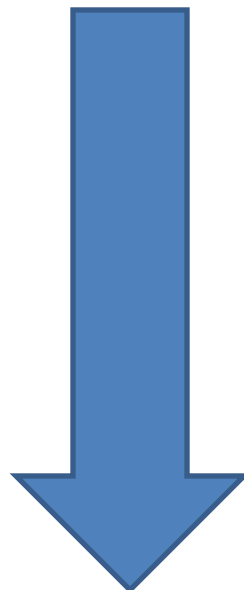


Juniors 3rd period  
Seniors 4th period  
Sign Up with Mr. Kent in  
Room 131



**Pontiac High school**

**An English department &  
Leadership Partnered Activity**



# Pontiac High School



Please See

MR. GREER

## YEARBOOKS FOR SALE \$40 DEADLINE TO PURCHASE April 26th

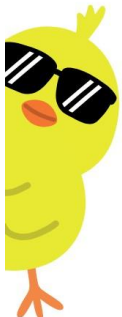
# APRIL 2024



**PD DAY** April 19th  
12-7PM

Please bring cash for an outing to Brooklyns Place (weather permitting).

- Outdoor soccer game
- Crafts
- Cooking activity
- Trivia contest
- Movie night & snacks



## LES MAISONS DES JEUNES DU PONTIAC SHAWVILLE PHS

Regular open hours Mon 3-7PM Wed 3-7PM Fri 3-7PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>CLOSED</b> HAPPY EASTER	2 <b>WALKING TACO LUNCH</b>	3 <b>DODGE BALL</b> 6:00-7:00PM	4	5 <b>CLOUD DOUGH</b> 6:00-7:00 PM
8 <b>CLOSED</b>	9 <b>NACHOS LUNCH</b>	10 <b>DODGE BALL</b> 6:00-7:00PM	11	12 <b>PAINT NIGHT</b>
15 <b>Kindness Rocks MINDFUL MONDAY</b> 6:00-7:00 PM	16 <b>MINI PIZZA LUNCH</b>	17 <b>DODGE BALL</b> 6:00-7:00PM	18	19 <b>PD DAY</b> 12-7PM
22 <b>Yoga with Kat MINDFUL MONDAY</b> 6:00-7:00 PM	23 <b>GRILLED CHEESE LUNCH</b>	24 <b>DODGE BALL</b> 6:00-7:00PM	25	26 <b>FREE PLAY Gym</b> 6:00-7:00PM
29 <b>Planting seeds MINDFUL MONDAY</b> 6:00-7:00 PM	30 <b>POUTINE LUNCH</b>			

### MDJ SPRING Program

**MINDFUL MONDAY**

Mindfulness activities  
MDJ Shawville or PHS gymnasium  
6 PM - 7 PM

**DODGE BALL**

Wednesdays  
PHS gymnasium  
6pm to 7pm



Score will be kept from week to week with a prize for the player who gets the most people out at the end of the month.

**LUNCH HOUR**

DAILY LUNCH HOUR WITH VANESSA

WEDNESDAY, THURSDAY AND FRIDAY WITH ALLY



Maison des jeunes du Pontiac is located in the back of the Pontiac High School in Shawville (door "D") and is open to all youth age 6-17 yrs.

455 rue Maple, Shawville  
Contact Desiree for more information 819-209-7626  
mdjdesiree@gmail.com



# **IMPORTANT GUIDANCE ITEMS**

1. **OPTION SHEETS (Grades 8 to 10):** Elective and Arts Option Sheets are now available for next year under the dragon outside Room 214! The deadline to return Option Sheets (signed by parents) to Reception at the Main OFFICE is **Friday, April 12<sup>th</sup>**. However, since popular elective and Arts options are filled on a “first come, first served” policy, it is better to hand your sheet in ASAP. All Option Sheets are date and time stamped upon arrival at the Main Office. If you are selecting Carpentry or Welding options, remember that an **Application Package** must also be submitted to the Main Office by **Friday, April 12<sup>th</sup>**. Application packages are also available at the table under the dragon.
  - Senior students entering Grades 10 or 11 are advised to make a meeting with their Guidance Counsellor, Ms. Brownlee, to ensure that they are selecting the correct courses needed for post-secondary College, CEGEP and University programs. Ms. Brownlee is available on Teams, Email or by sign up at the Guidance Counter in the Main Office Lobby.
2. **GRADUATING STUDENTS:**  
Ontario College applicants – The deadline to select and accept your preferred Conditional Offer **and** pay your initial Tuition Fees is **June 15<sup>th</sup>**. Failure to do so will put your program seat in jeopardy.

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